

Outline

How You Get Hooked in the First Place: Understand the Neuroscience of Opioid Addiction

The Brain's reward system: Mesolimbic Dopamine Pathway
How chronic opioid use changes the brain
Differences from other substance addictions
Distinct risks of opioid abuse
How neurobiology can help you determine treatment methods and establish realistic goals

Psychotherapeutic Approaches: Tailor Proven Techniques to the Person with Opioid Use Disorder
CBT and how it's applied in evidence-based practice
DBT and dialectical abstinence
Motivational enhancement
Trauma-based therapies that target substance abuse disorders
Peer-based models
Contingency management - address problematic behaviors
Mindfulness, wellness-based activities and physical exercise
How to assess when treatment ends or is not working

Treat Drug Addiction with Medication: How Medication Assisted Treatment (MAT) Can Save Lives
Is the controversy over? Benefits and drawbacks of MAT
The latest findings
Opioid agonists and antagonists
Methadone, buprenorphine, naltrexone
Naloxone (Narcan)
How to combat associated stigma
Current regulations
Role of the behavioral health clinician in MAT

Objectives

- 1. Discover how the neurobiology of opioid addiction can help you and your clients set realistic goals.
- 2. Employ evidence-based psychotherapeutic and wellness approaches when working with clients addicted to opioids.
- 3. Determine how behavioral interventions and Medication Assisted Treatment can be combined to improve treatment outcomes.
- 4. Assess the impact of co-occurring mental health disorders on opioid addiction treatment outcomes.
- 5. Develop fully integrated recovery plans that meet clients' regulatory needs.
- 6. Establish how opioid use disorder differs from other substance use disorders and communicate how this impacts treatment approach.

Target Audience: Social Workers • Counselors • Psychologists • Addiction Counselors Therapists • Case Managers • Nurses • Public Health Department Staff • Marriage and Family Therapists Other Mental Health Professionals

Co-Occurring Assessment and State-of-the-Art Tools
The impact of opioid use and co-occurring disorders on treatment outcomes
The Intake - if you don't look for it you won't find it
High-risk areas for misdiagnoses and missed diagnoses
The utility of standardized assessment tools and when to use them
Obtain no-cost, and well-validated, diagnosis-specific instruments
Objective data and how and when to access prescription monitoring databases
The assessment of dangerousness
Assess readiness for change, and stage-of-change theory
How to approach level of care decisions
Co-Occurring Treatment/Recovery Plans in 3 Easy Steps
Create the Problem/Need List
Set goals and objectives that meet client and regulatory needs
Develop fully integrated treatment/recovery plans

Live Seminar & Webcast Schedule (Times listed in Eastern)
7:30 a.m. Registration/Morning Coffee & Tea
8:00 a.m. Program begins
11:50 a.m. -1:00 p.m. Lunch (on your own)
4:00 p.m. Program ends
For locations and maps, go to www.pesi.com, find your event, and click on the seminar title.



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The Unique Nature of
Opioid Use Disorders
Neuroscience, Co-Occurring Disorders, and Treatment Approaches
Earn Up to 2.0 CE Hours of Pharmacology
Langhorne, PA
Monday, June 25, 2018
King of Prussia, PA
Tuesday, June 26, 2018
Live Video Webcast
Monday, June 25, 2018
Cherry Hill, NJ
Wednesday, June 27, 2018

The Unique Nature of
Opioid Use Disorders
Neuroscience, Co-Occurring Disorders, and Treatment Approaches
Earn Up to 2.0 CE Hours of Pharmacology
Strategies from CBT, DBT and other evidence-based psychotherapies
Medication Assisted Treatment (MAT): Effectively combine medication with therapeutic interventions
Formulate treatment plans for opioid use disorders and co-occurring mental health disorders with an integrated whole-person approach
Presented by Charles Atkins, MD -- Bestselling Author of Co-Occurring Disorders: Integrated Assessment and Treatment of Substance Use and Mental Disorders
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The Unique Nature of Opioid Use Disorders

Painkillers can kill more than just pain. Death from opioid overdoses have bypassed those from motor vehicle accidents. Dangerous synthetic drugs have flooded the streets - someone’s first use may be their last.

Ruined lives, broken families, incarceration, and premature death. These are the extreme, life-destroying consequences of opioid addiction. And opioids do not discriminate. Everyday problems like back pain, even a toothache, can lead a person down the path of opioid abuse. It can happen to anyone.

Your connection to the issue is personal - witnessing the tortured deterioration of clients, friends, and family struggling with addiction. You want to help, but knowing about other types of addiction isn’t enough. Opioid use disorders are distinct from other substance abuse disorders; a combination of brain change and physical dependence have created an epidemic of unprecedented proportions. Complicating things further, most individuals with opioid use disorders have at least one co-occurring mental health problem that must be addressed.

Are you prepared to end the suffering and tackle the unique and complex challenges of opioid addiction?

Board-certified psychiatrist, published author, and clinical trainer Dr. Charles Atkins has in-depth personal experience helping clients grappling with the devastating effects of opioid use disorder. Join him as he walks you through the specifics of how to craft effective evidence-based treatment strategies to treat opioid addiction and co-occurring disorders.

Attend this vital seminar and walk away with:

- Diagnostic criteria and public-domain screening tools.
- Psychotherapeutic strategies and supports tailored to achieve positive treatment outcomes in those with opioid use disorder.
- Options for combining Medication Assisted Treatment with psychotherapeutic approaches.
- Fully integrated treatment plans for opioid use disorders and co-occurring mental health disorders.

Get the tools and techniques you need to help your clients before it’s too late!

Speaker

Charles Atkins, MD, is a board-certified psychiatrist, clinical trainer, Chief Medical Officer of Community Mental Health Affiliates (CMHA), member of the Yale volunteer faculty, and a past regional medical director for the Department of Mental Health and Addiction Services (CT). A frequent lecturer on opioid addiction and Medication Assisted Treatment, Dr. Atkins is the author of *Co-Occurring Disorders: Integrated Assessment and Treatment of Substance Use and Mental Disorders* which has been included in the core curriculum of multiple schools of social work and substance abuse counselling. He is also the author of more than 15 other traditionally published books, both fiction and nonfiction, and has had hundreds of short stories and articles appear in publications ranging from *The Journal of the American Medical Association (JAMA)* to *Writer’s Digest Magazine*. He can be followed on the web at: www.charlesatkins.com.

Speaker Disclosure:
Financial: Charles Atkins is Chief Medical Officer for Community Mental Health Affiliates, LLC (CMHA). He receives royalties as an author for Sourcebooks. Dr. Atkins receives a speaking honorarium from PESI, Inc.
Non-financial: Charles Atkins has no relevant non-financial relationship to disclose.

Questions? Call Customer Service: 800-844-8260

Seminar on DVD or CD Package: You can purchase a self-study package on the subject. You will receive a set of CDs or DVDs that include a digital copy of the seminar manual and post-test/evaluation. You and your colleagues can receive CE hours for a nominal fee. To determine if homestudy credits are available for your profession go to www.pesi.com or call 800-844-8260. Check with your licensing board to verify acceptance of self-study credits for license renewal. Order today by using the order form on this brochure or by calling 800-844-8260.

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Invite your entire office and, like a live seminar, “attend” the webcast at its scheduled time. It’s easy and convenient! Webcasts provide everything you need for a premier educational experience including real-time video and audio of the speaker. See and hear the speaker, ask questions via email and have them answered during the webcast, and watch the slides all on your computer screen. Seminar materials are available for download. One CE Certificate is included. Certificates of Completion can be printed after completing and passing the on-line post-test evaluation. Additional certificates are available for \$29.99 USD per participant. Please see “live seminar schedule” for full attendance start and end times. NOTE: Boards do not allow credit for breaks or lunch. For CE information for the live webcast, please visit: www.pesi.com/webcast/62573

SAVE BY INCLUDING THESE PRODUCTS WITH SEMINAR REGISTRATION!

Co-Occurring Disorders Integrated Assessment and Treatment of Substance Use and Mental Disorders

By Charles Atkins, MD -- *Your Speaker*

A practical, step-by-step guide with diverse case studies gives you the tools to improve your clinical outcomes. Ideal for both the rubber-meets-the-road clinician, who wants effective strategies and a clear direction for treatment and recovery, and the administrator who creates interventions at the system level with attention to regulatory and reimbursement demands.

Treating Chronic Pain Pill-Free Approaches to Move People From Hurt To Hope

By Martha Teater, MA, LMFT, LCAS, LPC & Don Teater, MD

The best treatment for chronic pain isn’t found in a doctor’s office or pharmacy-it’s in the therapist’s office. Written by a mental health professional and a physician with over fifty years combined experience, this skills manual will teach you how to treat pain without pills and with confidence, using cutting-edge assessments, insights and interventions.

Hassle-Free Cancellation Policy: If you contact us before the event date, you can exchange for a DVD or CD/digital manual package on the subject (self-study continuing education credit may be available), a certificate to attend another seminar, or receive a tuition refund less a \$30 cancel fee. Substitutions are permitted at any time.

The nation’s top speakers and authors contact PESI first. If you are interested in becoming a speaker or have a new topic idea, please contact Ryan Bartholomew at rbartholomew@pesi.com or call 715.855.8225.

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Credits listed below are for full attendance at the live event only. Certificates of Completion are distributed at the conclusion of the live seminar for those who register prior to the event date and attend the full day. A letter of attendance will be issued to participants who register at the event, arrive late, or leave early. For those who registered day of (walk-ins), and are in full attendance, a certificate of completion for full CE credit will be sent within 30 days following the event. For those in partial attendance (arrived late or left early), an adjusted certificate of completion reflecting partial credit will be issued within 30 days (if your board allows). Please see “live seminar schedule” for full attendance start and end times. NOTE: Boards do not allow credit for breaks or lunch.

If your profession is not listed, please contact your licensing board to determine your continuing education requirements and check for reciprocal approval. For other credit inquiries not specified below, or questions on home study credit availability, please contact cepesi@pesi.com or 800-844-8260 before the event.

Materials that are included in this course may include interventions and modalities that are beyond the authorized practice of mental health professionals. As a licensed professional, you are responsible for reviewing the scope of practice, including activities that are defined in law as beyond the boundaries of practice in accordance with and in compliance with your professions standards.

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ADDICTION COUNSELORS: This course has been approved by PESI, Inc., as a NAADAC Approved Education Provider, for 6.0 CE in the Counseling Services skill group. NAADAC Provider #77553. PESI, Inc. is responsible for all aspects of their programming. Full attendance is required; no partial credit will be awarded for partial attendance.

PENNSYLVANIA ADDICTION COUNSELORS: Please contact our customer service department for the most current information. **No PA ADD available for programs held outside of PA**

COUNSELORS: This intermediate activity consists of 6.25 clock hours of continuing education instruction. Credit requirements and approvals vary per state board regulations. Please save the course outline, the certificate of completion you receive from the activity and contact your state board or organization to determine specific filing requirements.

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NURSE PRACTITIONERS: This program offers 120 instructional minutes of pharmacology content which is designed to qualify for 2.0 contact hours toward your pharmacology requirement to receive credit. It is your responsibility to submit your certificate of successful completion and a copy of the seminar brochure to your licensing board.

PSYCHOLOGISTS: Psychologist boards recognize courses sponsored by PESI, Inc. as an approved ACCME provider. Certificates of attendance will be issued for you to submit to your licensing board to recognize for credit.

PESI, Inc. is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education. PESI, Inc. designates this live activity for a maximum of 6.25 AMA PRA Category 1 Credit(s)™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

SOCIAL WORKERS: PESI, Inc. Provider #:1062, is approved as a provider for social work continuing education by the Association of Social Work Boards (ASWB), www.aswb.org through the Approved Continuing Education (ACE) Program. PESI, Inc. maintains responsibility for the program. ASWB Approval Period: January 27, 2017 - January 27, 2020. Social workers should contact their regulatory board to determine course approval for continuing education credits. Social workers participating in this course will receive 6.25 (Clinical) continuing education clock hours for this Intermediate course. A certificate of attendance will be awarded at the end of the program to social workers who complete the program evaluation.

NEW JERSEY SOCIAL WORKERS: This course is approved by the Association of Social Work Boards – ASWB NJ CE Course Approval Program Provider #10 Course #1566 from 09/22/2017 to 09/22/2019. Social workers will receive the following type and number of credit(s): Clinical Social Work Practices 6.25.

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OTHER PROFESSIONS: This activity qualifies for 380 minutes of instructional content as required by many national, state and local licensing boards and professional organizations. Save your course outline and certificate of completion, and contact your own board or organization for specific requirements.



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