Outline

How You Get Hooked in the First Place: Understand the Neuroscience of Opioid Addiction

The Brain's reward system: Mesolimbic Dopamine Pathway

How chronic opioid use changes the brain Differences from other substance addictions

Distinct risks of opioid abuse

How neurobiology can help you determine treatment methods and establish realistic goals

Psychotherapeutic Approaches:

Tailor Proven Techniques to the Person with **Opioid Use Disorder**

CBT and how it's applied in evidence-based practice DBT and dialectical abstinence

Motivational enhancement

Trauma-based therapies that target substance abuse disorders

Peer-based models

Contingency management - address problematic behaviors

Mindfulness, wellness-based activities and physical exercise

How to assess when treatment ends or is not working

Treat Drug Addiction with Medication: How Medication Assisted Treatment (MAT) Can

Is the controversy over? Benefits and drawbacks of

The latest findings

Save Lives

Opioid agonists and antagonists

Methadone, buprenorphine, naltrexone

Naloxone (Narcan)

How to combat associated stigma

Current regulations

Role of the behavioral health clinician in MAT

Co-Occurring Assessment and State-of-the-Art Tools

The impact of opioid use and co-occurring disorders on treatment outcomes

The Intake - if you don't look for it you won't

High-risk areas for misdiagnoses and missed diagnoses

The utility of standardized assessment tools and when to use them

Obtain no-cost, and well-validated, diagnosisspecific instruments

Objective data and how and when to access prescription monitoring databases

The assessment of dangerousness

Assess readiness for change, and stage-of-change

How to approach level of care decisions

Co-Occurring Treatment/Recovery Plans in 3 Easy Steps

Create the Problem/Need List

Set goals and objectives that meet client and regulatory needs

Develope fully integrated treatment/recovery plans

Live Seminar & Webcast Schedule (Times listed in Eastern)

7:30 a.m. Registration/Morning Coffee & Tea

8:00 a.m. Program begins

11:50 a.m. -1:00 p.m. Lunch (on your own)

4:00 p.m. Program ends

For locations and maps, go to www.pesi.com, find your event, and click on the seminar title.



PESI Inc. is proud to offer this seminar (at these locations only) free of charge (on live seminar tuition) for veterans and active duty military personnel. Advance registration by phone required.

Objectives

- 1. Discover how the neurobiology of opioid addiction can help you and your clients set realistic goals.
- 2. Employ evidence-based psychotherapeutic and wellness approaches when working with clients addicted to opioids.
- 3. Determine how behavioral interventions and Medication Assisted Treatment can be combined to improve treatment outcomes.
- 4. Assess the impact of co-occurring mental health disorders on opioid addiction treatment outcomes.
- 5. Develop fully integrated recovery plans that meet clients' regulatory needs.
- 6. Establish how opioid use disorder differs from other substance use disorders and communicate how this impacts treatment approach.

Target Audience: Social Workers • Counselors • Psychologists • Addiction Counselors Therapists • Case Managers • Nurses • Public Health Department Staff • Marriage and Family Therapists Other Mental Health Professionals



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Use Disorders

Neuroscience, Co-Occurring Disorders, and Treatment Approaches



Langhorne, PA Monday, June 25, 2018

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A Non-Profit Organization Connecting

The Unique Nature of Use Disorders Neuroscience, Co-Occurring Disorders, and Treatment Approaches

Earn Up to **CE Hours of Pharmacology**

- Strategies from CBT, DBT and other evidence-based psychotherapies
- Medication Assisted Treatment (MAT): Effectively combine medication with the rapeutic interventions
- Formulate treatment plans for opioid use disorders and co-occurring mental health disorders with an integrated whole-person approach

Presented by Charles Atkins, MD -- Bestselling Author of Co-Occurring Disorders: Integrated Assessment and Treatment of Substance Use and Mental Disorders

Langhorne, PA Monday, June 25, 2018

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The Unique Nature of Opioid Use Disorders

Painkillers can kill more than just pain. Death from opioid overdoses have bypassed those from motor vehicle accidents. Dangerous synthetic drugs have flooded the streets - someone's first use may be their last.

Ruined lives, broken families, incarceration, and premature death. These are the extreme, life-destroying consequences of opioid addiction. And opioids do not discriminate. Everyday problems like back pain, even a toothache, can lead a person down the path of opioid abuse. It can happen to anyone.

Your connection to the issue is personal - witnessing the tortured deterioration of clients, friends, and family struggling with addiction. You want to help, but knowing about other types of addiction isn't enough. Opioid use disorders are distinct from other substance abuse disorders; a combination of brain change and physical dependence have created an epidemic of unprecedented proportions. Complicating things further, most individuals with opioid use disorders have at least one co-occurring mental health problem that must be addressed.

Are you prepared to end the suffering and tackle the unique and complex challenges of opioid

Board-certified psychiatrist, published author, and clinical trainer Dr. Charles Atkins has in-depth personal experience helping clients grappling with the devastating effects of opioid use disorder. Join him as he walks you through the specifics of how to craft effective evidence-based treatment strategies to treat opioid addiction and co-occurring disorders.

Attend this vital seminar and walk away with:

- Diagnostic criteria and public-domain screening tools.
- Psychotherapeutic strategies and supports tailored to achieve positive treatment outcomes in those with opioid use disorder.
- Options for combining Medication Assisted Treatment with psychotherapeutic approaches.
- Fully integrated treatment plans for opioid use disorders and co-occurring mental health disorders.

Get the tools and techniques you need to help your clients before it's too late!

Speaker

Charles Atkins, MD, is a board-certified psychiatrist, clinical trainer, Chief Medical Officer of Community Mental Health Affiliates (CMHA), member of the Yale volunteer faculty, and a past regional medical director for the Department of Mental Health and Addiction Services (CT). A frequent lecturer on opioid addiction and Medication Assisted Treatment, Dr. Atkins is the author of Co-Occurring Disorders: Integrated Assessment and Treatment of Substance Use and Mental Disorders which has been included in the core curriculum of multiple schools of social work and substance abuse counselling. He is also the author of more than 15 other traditionally published books, both fiction and nonfiction, and has had hundreds of short stories and articles appear in publications ranging from The Journal of the American Medical Association (JAMA) to Writer's Digest Magazine. He can be followed on the web at: www.charlesatkins.com.

Financial: Charles Atkins is Chief Medical Officer for Community Mental Health Affiliates, LLC (CMHA). He receives royalties as an author for Sourcebooks. Dr. Atkins receives a speaking honorarium from PESI, Inc. Non-financial: Charles Atkins has no relevant non-financial relationship to disclose.

Questions? Call Customer Service: 800-844-8260

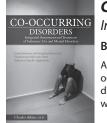
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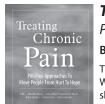


Co-Occurring Disorders

Integrated Assessment and Treatment of Substance Use and Mental Disorders

By Charles Atkins, MD -- Your Speaker

A practical, step-by-step guide with diverse case studies gives you the tools to improve your clinical outcomes. Ideal for both the rubber-meets-the-road clinician, who wants effective strategies and a clear direction for treatment and recovery, and the administrator who creates interventions at the system level with attention to regulatory and reimbursement demands.



Treating Chronic Pain

Pill-Free Approaches to Move People From Hurt To Hope

By Martha Teater, MA, LMFT, LCAS, LPC & Don Teater, MD

The best treatment for chronic pain isn't found in a doctor's office or pharmacy-it's in the therapist's office. Written by a mental health professional and a physician with over fifty years combined experience, this skills manual will teach you how to treat pain without pills and with confidence, using cutting-edge assessments, insights and interventions.

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If your profession is not listed please contact your licensing hoard to determine your continuing below, or questions on home study credit availability, please contact cepesi@pesi.com or 800-844-8260 before the event

Materials that are included in this course may include interventions and modalities that are beyond the authorized practice of mental health professionals. As a licensed professional, you are responsible for reviewing the scope of practice, including activities that are defined in law as beyond the boundaries of practice in accordance with and in compliance with your professions standards.

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ADDICTION COUNSELORS: This course has been approved by PESI, Inc., as a NAADAC Approved Education Provider, for 6.0 CE in the Counseling Services skill group. NAADAC Provider #77553. PESI, Inc. is responsible for all aspects of their programming. Full attendance is required; no partial credit will be awarded for partial attendance.

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MARRIAGE & FAMILY THERAPISTS: This activity consists of 380 minutes of continuing education instruction. Credit requirements and approvals vary per state board regulations. You should save this course outline, the certificate of completion you receive from the activity and contact your state board or organization to determine specific filing requirements.

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NEW JERSEY SOCIAL WORKERS: This course is approved by the Association of Social Work Boards – ASWB NJ CE Course Approval Program Provider #10 Course #1566 from 09/22/2017 to 09/22/2019. Social workers will receive the following type and number of credit(s): Clinical Social Work Practices 6.25. ASWB NJ Continuing Education Course Approval Program for the New Jersey Board of Social Work Examiners.

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OTHER PROFESSIONS: This activity qualifies for 380 minutes of instructional content as required by many national, state and local licensing boards and professional organizations. Save your course outline and certificate of completion, and contact your own board or organization for specific requirements

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