

# Meet Your Speaker

**Joe Kort, Ph.D., LMSW**, is a board-certified sexologist and the founder of The Center for Relationship and Sexual Health, and runs a private practice in Royal Oak, Michigan.

Dr. Kort, a therapist, coach and author, has been practicing psychotherapy for over 25 years and has spoken internationally on the subject of gay counseling. He specializes in sex therapy, gay affirmative psychotherapy, sexually compulsive behaviors, and IMAGO relationship therapy designed for couples to enhance their relationship through improved communication. Dr. Kort is a blogger for the *Huffington Post* and *Psychology Today* on issues of sexuality. He has been a guest on the various television programs on mixed orientation marriages and "sexual addiction". Dr. Kort is the author of several books, including, *LGBTQ Clients in Therapy*, *Gay Affirmative Therapy for the Straight Clinician*, *10 Smart Things Gay Men Can Do To Improve Their Lives*, *10 Smart Things Gay Men Can Do To Find Real Love*, and *Is My Husband Gay, Straight or Bisexual*.

Speaker Disclosure:  
Financial: Joe Kort is President of Joe Kort & Associates, PC. He receives a speaking honorarium from PESI, Inc.  
Non-financial: Joe Kort has no relevant non-financial relationship to disclose.

*"This was a wonderful, informative workshop. Presenter's delivery was great, open and created comfortable environment."*

**Nancy – Social Worker**

## Live Seminar Continuing Education Information

**Credits listed below are for full attendance at the live event only.** Certificates of Completion are distributed at the conclusion of the live seminar for those who register prior to the event date and attend the full day. A letter of attendance will be issued to participants who register at the event, arrive late, or leave early. For those who registered day of (walk-ins), and are in full attendance, a certificate of completion for full CE credit will be sent within 30 days following the event. For those in partial attendance (arrived late or left early), an adjusted certificate of completion reflecting partial credit will be issued within 30 days (if your board allows). Please see "live seminar schedule" for full attendance start and end times. NOTE: Boards do not allow credit for breaks or lunch.

If your profession is not listed, please contact your licensing board to determine your continuing education requirements and check for reciprocal approval. For other credit inquiries not specified below, or questions on home study credit availability, please contact [cepesi@pesi.com](mailto:cepesi@pesi.com) or 800-844-8260 before the event.

Materials that are included in this course may include interventions and modalities that are beyond the authorized practice of mental health professionals. As a licensed professional, you are responsible for reviewing the scope of practice, including activities that are defined in law as beyond the boundaries of practice in accordance with and in compliance with your professions standards.

PESI, Inc. offers continuing education programs and products under the brand names PESI, PESI Healthcare, PESI Rehab and Psychotherapy Networker.

**ADDITIONAL COUNSELORS:** This course has been approved by PESI, Inc., as a NAADAC Approved Education Provider, for 6.0 CE in the Counseling Services skill group. NAADAC Provider #77553. PESI, Inc. is responsible for all aspects of their programming. Full attendance is required; no partial credit will be awarded for partial attendance.

**NEW YORK ADDICTION PROFESSIONALS:** This course has been approved by OASAS for 6.25 clock hours toward Initial Credentialing for CPP Section #1, CPS Section #1, Renewal for CASAC, CPP, CPS. Board required certificates will be sent after the program.

**OHIO CHEMICAL DEPENDENCY PROFESSIONALS:** This course has been submitted to the Ohio Chemical Dependency Professionals Board for review. Please contact PESI, Inc. for the most current information.

**PENNSYLVANIA ADDICTION COUNSELORS:** This course has been reviewed and approved for by the Pennsylvania Certification Board. This course will award 6.25 PCB Approved Hours of Education. (Valid for PA locations only)

**COUNSELORS:** This intermediate activity consists of 6.25 clock hours of continuing education instruction. Credit requirements and approvals vary per state board regulations. Please save the course outline, the certificate of completion you receive from the activity and contact your state board or organization to determine specific filing requirements.

**NEW YORK COUNSELORS:** PESI, Inc. is recognized by the New York State Education Department's (NYSED) State Board for Mental Health Practitioners as an approved provider of continuing education for Licensed Mental Health Counselors. #MHC-0033. This activity will qualify for 7.5 contact hours. Full attendance is required; no partial credits will be offered for partial attendance.

**MARRIAGE & FAMILY THERAPISTS:** This activity consists of 380 minutes of continuing education instruction. Credit requirements and approvals vary per state board regulations. You should save this course outline, the certificate of completion you receive from the activity and contact your state board or organization to determine specific filing requirements.



## Save by including these products with seminar registration!

### LGBTQ Clients in Therapy

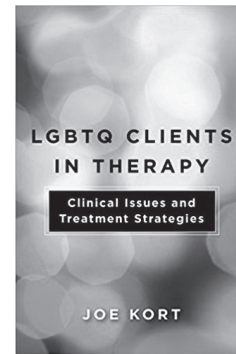
*Clinical Issues and Treatment Strategies*

By Joe Kort, Ph.D., LMSW **YOUR SPEAKER**

All the answers clinicians need to work effectively with LGBTQ clients.

A therapist who treats LGBTQ clients often must be more than "gay friendly." Gay, lesbian, bisexual, and transgender clients have specific needs that require their own knowledge base. This book offers up-to-date information for clinicians treating LGBTQ clients, including new chapters on transgender, sexually fluid, and gender nonconforming clients.

*\*Publishing February 2018 – pre-order now to guarantee your copy! If in-stock before the seminar, we will ship it to the seminar, if not we will ship it to your address free of charge.*



### Sex Made Simple:

*Clinical Strategies for Sexual Issues in Therapy*

By Barry McCarthy, Ph.D., ABPP

A comprehensive guide to healing sexual issues and dysfunction, with dozens of strategies, techniques and methods to promote healthy sexuality for couples and individuals. Including - tools for couples to maintain strong, resilient sexual desire, strategies to move past affairs, sexual trauma, variant arousal, and psychobiosocial model for assessment, treatment, and relapse prevention.

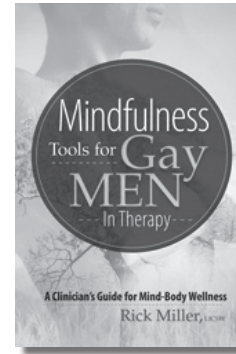


### Mindfulness Tools for Gay Men In Therapy:

*A Clinician's Guide for Mind-Body Wellness*

By Rick Miller, LICSW

*Mindfulness Tools for Gay Men in Therapy* is designed to free your clients from shame, find safety, peace, and be truly himself. International trainer, author and gay male psychotherapist, Rick Miller, LICSW, utilizes over 30 years of personal and clinical experience to deliver an interactive book that successfully integrates mindfulness, meditation and self-exploration to accelerate the power of therapy.

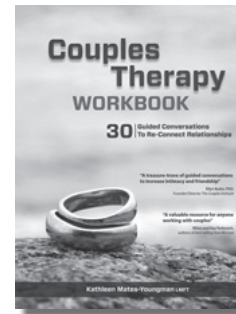


### Couples Therapy Workbook:

*30 Guided Conversations to Re-Connect Relationships*

By Kathleen Mates-Youngman, MA, LMFT

A series of scripted questions to promote meaningful couple conversations and build ongoing, connect communication. 30 guided conversations of the most critical relationship struggles. For each of the 30 topics, there is an introduction, goal-setting strategies and 10 scripted questions to ask each other - all presented in an easy-to-use mindful style.



## Questions?

Call customer service at  
**800-844-8260**

More info and resources at  
**[www.pesi.com/bookstore](http://www.pesi.com/bookstore)**

### Hassle-Free Cancellation Policy:

If you contact us before the event date, you can exchange for a DVD or CD/digital manual package on the subject (self-study continuing education credit may be available), a certificate to attend another seminar, or receive a tuition refund less a \$30 cancel fee. Substitutions are permitted at any time.



## Shame Shields

**BRENÉ BROWN, Ph.D.**

1 CE HOUR

**HURRY** OFFER EXPIRES April 15, 2018

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# Lesbian, Gay, Bisexual, Transgender and Questioning (LGBTQ) Clients:

## Clinical Issues and Treatment Strategies

- Avoid the top mistakes therapists make
- Become the go-to LGBTQ therapist
- Be on top of the up-to-date language and terms

**Cleveland, OH**  
Monday, May 7, 2018

**Erie, PA**  
Tuesday, May 8, 2018

**Pittsburgh, PA**  
Wednesday, May 9, 2018



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Earn 6.25 Cultural  
Competency CE Hours

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Featuring Joe Kort Ph.D., LMSW  
International Speaker, Author and Expert



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KNOWLEDGE WITH NEED SINCE 1979



Lesbian, Gay, Bisexual, Transgender and Questioning (LGBTQ) Clients: Clinical Issues and Treatment Strategies

Are you making the biggest mistake treating your LGBTQ clients? Are you pushing them to “come out”? And if you are...you could be traumatizing your clients.

I made the same mistake early in my career of forcing my clients to name and claim their sexual identity.

I didn’t know how to ask them about their sexual practices. And when I tried, I offended them.

Come to my workshop and I will equip you with the right tools and up-to-date information you need in this **rapidly changing population** to more effectively counsel your lesbian, gay, bisexual, transgender and questioning clients, and couples.

You will learn specific strategies to better treat the unique challenges your client may be facing such as:

- self-acceptance and internalized homophobia
- non hetero-normative sexual behaviors and practices
- trauma and abuse from growing up LGBTQ
- the difficult process of coming out

Also, let me help you avoid the common mistake of believing, “a couple is a couple” and treating LGBTQ couples the same as their heterosexual counterparts. Don’t be the straight therapist that is losing LGBTQ clients because of poor intake, assessment and treatment planning. Learn how to offer your clients a safe place for therapy.

I look forward to meeting you at my workshop!

Joe Kort, Ph.D., LMSW

Don't miss this valuable opportunity to learn from a leading expert in the field!

“Brilliant presenter, could have kept listening for days!”  
**Tamara – Counselor**

“Joe was an excellent presenter! He knew his subject, used humor well, and was available to answer any questions – thanks!”  
**Sue – Social Worker**

“I feel that I gained a lot of good info for my clients”  
**Angie – Counselor**

“Best program I have been to!”  
**Christina – Psychologist**

Outline

Do No Harm: Make Your LGBTQ Client Feel Safe & Respected in Therapy

Red-flag words: Offensive words you might use (without you knowing!)  
Intake session: questions about developing identity  
Strategies to establish rapport and comfort  
Tips for discussing sex and sexuality

Talk About Sex!

Don’t miss out on key info by ignoring the sex talk  
Top or bottom? And other important questions to ask: flexible, changing sexual preferences and attractions  
Varieties of sexuality  
Protect the client from your own biases and assumptions

Coming Out

Stigma and its impact on mental health from childhood to adulthood  
6 distinct stages with interventions  
Navigate the 3 phases of coming out to avoid isolation and alienation  
Fear, shame and rejection unique to this population  
Relationship concerns: family, friends, school or workplace  
Finding a sense of belonging in LGBTQ community  
Harmful and dangerous effects of conversion therapy

LGBTQ Adolescence

Coming out issues  
It gets better but not before coming out  
Bullying and other safety issues contributing to PTSD  
Harm reduction adult dating apps such as Grindr, Scruff, etc.  
Risk assessment for substance abuse  
Assess for suicidality  
Finding support

Gay Male

Develop a treatment plan and goals for unique challenges growing up gay male  
Accurate assessment of alcohol use with this high risk population  
HIV & STI prevention strategies and risk and harm reduction  
Generational differences informing different treatment plans  
Internalized homophobia  
Learn specific sexual terminology to avoid alienating your client



PESI Inc. is proud to offer this seminar (at these locations only) *free* of charge (on live seminar tuition) for veterans and active duty military personnel. *Advance registration by phone required.*

Lesbian

Develop a treatment plan and goals for unique challenges growing up lesbian  
Specific terminology that is helpful and damaging in this population  
Sex and sexuality: what to know, what to ask  
Strategies to manage gender dynamics  
Internalized homophobia manifests in development

Bisexuality

Learn strategies to help the anxiety of bisexuals in dating and relationships  
Internalized biphobia and bisexual development from childhood into adulthood  
Compare and contrast male and female bisexuality

Transgender

Overcome the knowledge barrier  
Avoid using outdated treatment plans  
Learn and differentiate correct terms such as gender queer, gender fluid and cisgender  
Strategies to help your client tell their partner, families, friends and employers  
Tips to discuss hormone treatments and surgical procedures  
Crucial points for transgender teens medically and psychologically and how to create best treatment plan

Questioning

Avoid mislabeling a client and leading them down the wrong sexual identity path  
Differentiate between sexual fluidity from bisexuality, gay and lesbian identities  
Differentiate between sexual identity, sexual behavior and sexual fantasies

Working with LGB Couples

Dynamics of a same gendered couple including vulnerabilities and strengths  
Coming out discrepancy causing turbulence for couples  
Recognize and identify how internalized homophobia creates conflicts  
Open relationships in gay male couples  
Sexual issues and strategies on compatibility, incompatibility, frequency and satisfaction

Working with Mixed Orientation Couples and Relationships

Specific stages of coming out as a mixed orientation couple  
Specialized treatment programs for the straight spouses  
Helping LGBTQ spouse integrate their identity into their mixed orientation relationships  
Learn how to identify which couples will succeed and which won’t

**Seminar on CD or DVD Package:**  
If you cannot attend this seminar, you can purchase a self-study package on the subject. You will receive a set of CDs or DVDs that include a digital copy of the seminar manual and post-test/evaluation. You and your colleagues can receive CE hours for a nominal fee. To determine if homestudy credits are available for your profession go to [www.pesi.com](http://www.pesi.com) or call 800-844-8260. Check with your licensing board to verify acceptance of self-study credits for license renewal. Order today by using the order form on this brochure or by calling 800-844-8260.

**Live Seminar Schedule**

**7:30** Registration/Morning Coffee & Tea  
**8:00** Program begins  
**11:50-1:00** Lunch (*on your own*)  
**4:00** Program ends

**For locations and maps, go to [www.pesi.com](http://www.pesi.com), find your event, and click on the seminar title.**

**Target Audience** Counselors • Social Workers • Psychologists • Psychotherapists • Case Managers  
Marriage & Family Therapists • Nurses • Addiction Counselors • Other Mental Health Professionals



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QUESTIONS? Call **800-844-8260** or e-mail us at [info@pesi.com](mailto:info@pesi.com).

## How to Register:

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**PHONE**

**800-844-8260**  
Please have credit card available

**FAX**

**800-554-9775**

**MAIL**

PESI  
PO BOX 1000  
Eau Claire, WI  
54702-1000

**1 Please complete entire form** (to notify you of seminar changes):  
*please print; staple duplicate forms.*

**Mail Code:** \_\_\_\_\_  
*See mail code box on address panel on reverse side*

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**2 Check location:** (*make copy of locations*)

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**May 7, 2018** 62108CLE  
Sheraton Cleveland Airport Hotel  
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☐ **ERIE, PA**  
**May 8, 2018** 62108ERI  
Courtyard Erie Bayfront  
2 Sassafraus Pier • 16507 • (814) 636-1005

☐ **PITTSBURGH, PA**  
**May 9, 2018** 62108PIT  
DoubleTree by Hilton Pittsburgh Green Tree  
500 Mansfield Ave • 15205 • (412) 922-8400

**3 Check tuition:**

**TUITION WITH SEMINAR MANUAL**

**\$199.99** – choose one of the options below:  
☐ per person for 2 or more preregistering together —OR—  
☐ single registration postmarked 3 weeks prior to seminar date  
☐ **\$229.99** standard

**ADD-ON PRODUCTS**

Distributed at seminar—FREE SHIPPING!

☐ **\$27.95\* LGBTQ Clients in Therapy** book  
☐ **\$19.99\* Sex Made Simple** book  
☐ **\$24.99\* Mindfulness Tools for Gay Men In Therapy** book  
☐ **\$24.99\* Couples Therapy Workbook**

\*Attendees add applicable state and local taxes except in AK, DE, MT, NH, OR

**4 Indicate method of payment:**

**ALL REGISTRATIONS MUST BE PREPAID.**  
**Purchase orders welcome (attach copy).**

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**ADA needs:**  
We would be happy to accommodate your ADA needs; please call at least two weeks prior to the seminar date.

Walk-ins are welcome but admission cannot be guaranteed. Call M-F 7:00-6:00 Central Time for space availability if registering within one week of seminar.

**Tuition Options:**  
**FREE MILITARY TUITION:** PESI Inc. is proud to offer this seminar (at these locations only) free of charge (on live seminar tuition) for veterans and active duty military personnel. Advance registration by phone required.

\$30 Tuition: If you are interested in being our registration coordinator for the day, go to: [www.pesi.com/coord](http://www.pesi.com/coord) for availability and job description, or call our Customer Service Dept. at 800-844-8260. Groups of 5 or more: Call 800-844-8260 for discounts.

Discounted Student Rate: As part of its mission to serve educational needs, PESI, Inc. offers a reduced rate of 50% off standard tuition for students. Enclose a current student schedule with registration form. Go to [www.pesi.com/students](http://www.pesi.com/students) or call 800-844-8260 for details.  
*Advance registration required. Cannot be combined with other discounts.*

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<b>Lesbian, Gay, Bisexual, Transgender and Questioning (LGBTQ) Clients: Clinical Issues and Treatment Strategies</b>	
____ Seminar on DVD* (video) \$199.99 (RN046550)	____ Seminar on CD* (audio) \$169.99 (RNA046550)
____ <b>LGBTQ Clients in Therapy</b> book* \$27.95 (SAM085315)	
____ <b>Sex Made Simple</b> book* \$19.99 (PUB083835)	Product total \$ _____
____ <b>Mindfulness Tools for Gay Men In Therapy</b> book* \$24.99 (PUB084585)	*Shipping _____
____ <b>Couples Therapy Workbook</b> * \$24.99 (PUB083085)	<b>Subtotal</b> _____
	**Tax _____
	<b>TOTAL</b> _____
<small>*Shipping is \$6.95 first item + \$2.00 each add'l item.      **Residents add applicable state and local taxes except in AK, DE, MT, NH, OR</small>	