Meet Your Speaker



Joe Kort, Ph.D., LMSW, is a board-certified sexologist and the founder of The Center for Relationship and Sexual Health, and runs a private practice in Royal Oak, Michigan.

Dr. Kort, a therapist, coach and author, has been practicing psychotherapy for over 25 years and has spoken internationally on the subject of gay counseling. He specializes in sex therapy, gay affirmative psychotherapy, sexually compulsive behaviors, and IMAGO relationship therapy designed for couples to enhance their relationship through improved communication. Dr. Kort is a blogger for the *Huffington Post* and *Psychology Today* on issues of sexuality. He has been a guest on the various television programs on mixed orientation marriages and "sexual addiction". Dr. Kort is the author of several books, including, *LGBTQ Clients in Therapy, Gay Affirmative Therapy for the Straight Clinician, 10 Smart Things Gay Men Can Do To Improve Their Lives, 10 Smart Things Gay Men Can Do To Find Real Love,* and *Is My Husband Gay, Straight or Bisexual.*

Speaker Disclosure:
Financial: Joe Kort is President of Joe Kort & Associates, PC. He receives a speaking honorarium from PESI, Inc.
Non-financial: Joe Kort has no relevant non-financial relationship to disclose.

"This was a wonderful, informative workshop. Presenter's delivery was great, open and created comfortable environment."
Nancy – Social Worker

Live Seminar Continuing Education Information

Credits listed below are for full attendance at the live event only. *Certificates of Completion are distributed at the conclusion of the live seminar for those who register prior to the event date and attend the full day. A letter of attendance will be issued to participants who register at the event, arrive late, or leave early. For those who registered day of (walk-ins), and are in full attendance, a certificate of completion for full CE credit will be sent within 30 days following the event. For those in partial attendance (arrived late or left early), an adjusted certificate of completion reflecting partial credit will be issued within 30 days (if your board allows). Please see "live seminar schedule" for full attendance start and end times. NOTE: Boards do not allow credit for breaks or lunch.*

If your profession is not listed, please contact your licensing board to determine your continuing education requirements and check for reciprocal approval. For other credit inquiries not specified below, or questions on home study credit availability, please contact cepesi@pesi.com or 800-844-8260 before the event.

Materials that are included in this course may include interventions and modalities that are beyond the authorized practice of mental health professionals. As a licensed professional, you are responsible for reviewing the scope of practice, including activities that are defined in law as beyond the boundaries of practice in accordance with and in compliance with your professions standards.

PESI, Inc. offers continuing education programs and products under the brand names PESI, PESI Healthcare, PESI Rehab and Psychotherapy Networker.

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COUNSELORS: This intermediate activity consists of 6.25 clock hours of continuing education instruction. Credit requirements and approvals vary per state board regulations. Please save the course outline, the certificate of completion you receive from the activity and contact your state board or organization to determine specific filing requirements.

MARRIAGE & FAMILY THERAPISTS: This activity consists of 380 minutes of continuing education instruction. Credit requirements and approvals vary per state board regulations. You should save this course outline, the certificate of completion you receive from the activity and contact your state board or organization to determine specific filing requirements.

NURSE/NURSE PRACTITIONERS/CLINICAL NURSE SPECIALISTS: This intermediate activity consists of 6.25 clock hours of continuing education instruction. Credit requirements and approvals vary per state board regulations. Please contact your licensing board to determine if they accept programs or providers approved by other national or state licensing boards. A certificate of attendance will be awarded at the end of the program to participants who are in full attendance and who complete the program evaluation.

FLORIDA NURSES: PESI, Inc. is an approved provider with the Florida Board of Nursing, Provider # FBN2858. This course qualifies for 6.0 contact hours.

PSYCHOLOGISTS: PESI, Inc. is approved by the American Psychological Association to sponsor continuing education for psychologists. PESI maintains responsibility for this program and its content. PESI is offering this activity for 6.25 hours of continuing education credit. Full attendance is required; no partial credits will be offered for partial attendance.

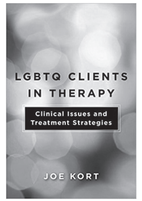
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FLORIDA SOCIAL WORKERS/MARRIAGE & FAMILY THERAPISTS/MENTAL HEALTH COUNSELORS: PESI, Inc., is an approved provider with the Florida Board of Clinical Social Work, Marriage and Family Therapy and Mental Health Counseling. Provider Number BAP #77. This course qualifies for 6.25 continuing education credits. Please make sure to bring your license number to the seminar so that we can report your attendance to CE Broker.

OTHER PROFESSIONS: This activity qualifies for 380 minutes of instructional content as required by many national, state and local licensing boards and professional organizations. Save your course outline and certificate of completion, and contact your own board or organization for specific requirements.

Save by including these products with seminar registration!



LGBTQ Clients in Therapy
Clinical Issues and Treatment Strategies

By Joe Kort, Ph.D., LMSW **YOUR SPEAKER**

All the answers clinicians need to work effectively with LGBTQ clients.

A therapist who treats LGBTQ clients often must be more than "gay friendly." Gay, lesbian, bisexual, and transgender clients have specific needs that require their own knowledge base. This book offers up-to-date information for clinicians treating LGBTQ clients, including new chapters on transgender, sexually fluid, and gender nonconforming clients.

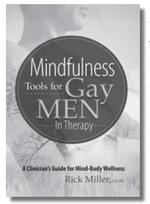
**Publishing February 2018 – pre-order now to guarantee your copy! If in-stock before the seminar, we will ship it to the seminar, if not we will ship it to your address free of charge.*



Sex Made Simple:
Clinical Strategies for Sexual Issues in Therapy

By Barry McCarthy, Ph.D., ABPP

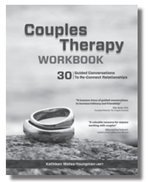
A comprehensive guide to healing sexual issues and dysfunction, with dozens of strategies, techniques and methods to promote healthy sexuality for couples and individuals. Including - tools for couples to maintain strong, resilient sexual desire, strategies to move past affairs, sexual trauma, variant arousal, and psychobiosocial model for assessment, treatment, and relapse prevention.



Mindfulness Tools for Gay Men In Therapy:
A Clinician's Guide for Mind-Body Wellness

By Rick Miller, LICSW

Mindfulness Tools for Gay Men in Therapy is designed to free your clients from shame, find safety, peace, and be truly himself. International trainer, author and gay male psychotherapist, Rick Miller, LICSW, utilizes over 30 years of personal and clinical experience to deliver an interactive book that successfully integrates mindfulness, meditation and self-exploration to accelerate the power of therapy.



Couples Therapy Workbook:
30 Guided Conversations to Re-Connect Relationships

By Kathleen Mates-Youngman, MA, LMFT

A series of scripted questions to promote meaningful couple conversations and build ongoing, connect communication. 30 guided conversations of the most critical relationship struggles. For each of the 30 topics, there is an introduction, goal-setting strategies and 10 scripted questions to ask each other - all presented in an easy-to-use mindful style.

Questions?
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More info and resources at
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Lesbian, Gay, Bisexual, Transgender and Questioning (LGBTQ) Clients:

Clinical Issues and Treatment Strategies

- Avoid the top mistakes therapists make
- Become the go-to LGBTQ therapist
- Be on top of the up-to-date language and terms

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Lesbian, Gay, Bisexual, Transgender and Questioning (LGBTQ) Clients:

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Lesbian, Gay, Bisexual, Transgender and Questioning (LGBTQ) Clients: Clinical Issues and Treatment Strategies

Are you making the biggest mistake treating your LGBTQ clients? Are you pushing them to "come out"? And if you are…you could be traumatizing your clients.

I made the same mistake early in my career of forcing my clients to name and claim their sexual identity.

I didn't know how to ask them about their sexual practices. And when I tried, I offended them.

Come to my workshop and I will equip you with the right tools and up-to-date information you need in this **rapidly changing population** to more effectively counsel your lesbian, gay, bisexual, transgender and questioning clients, and couples.

You will learn specific strategies to better treat the unique challenges your client may be facing such as:

- self-acceptance and internalized homophobia
- non hetero-normative sexual behaviors and practices
- trauma and abuse from growing up LGBTQ
- the difficult process of coming out

Also, let me help you avoid the common mistake of believing, "a couple is a couple" and treating LGBTQ couples the same as their heterosexual counterparts.

Don't be the straight therapist that is losing LGBTQ clients because of poor intake, assessment and treatment planning. Learn how to offer your clients a safe place for therapy.

I look forward to meeting you at my workshop!

Joe Kort, Ph.D., LMSW

Don't miss this valuable opportunity to learn from a leading expert in the field!

"Brilliant presenter, could have kept listening for days!"
Tamara – Counselor

"Joe was an excellent presenter! He knew his subject, used humor well, and was available to answer any questions – thanks!"
Sue – Social Worker

"I feel that I gained a lot of good info for my clients"
Angie – Counselor

"Best program I have been to!"
Christina – Psychologist

Outline

Do No Harm: Make Your LGBTQ Client Feel Safe & Respected in Therapy
Red-flag words: Offensive words you might use (without you knowing!)
Intake session: questions about developing identity
Strategies to establish rapport and comfort
Tips for discussing sex and sexuality

Talk About Sex!
Don't miss out on key info by ignoring the sex talk
Top or bottom? And other important questions to ask: flexible, changing sexual preferences and attractions
Varieties of sexuality
Protect the client from your own biases and assumptions

Coming Out
Stigma and its impact on mental health from childhood to adulthood
6 distinct stages with interventions
Navigate the 3 phases of coming out to avoid isolation and alienation
Fear, shame and rejection unique to this population
Relationship concerns: family, friends, school or workplace
Finding a sense of belonging in LGBTQ community
Harmful and dangerous effects of conversion therapy

LGBTQ Adolescence
Coming out issues
It gets better but not before coming out
Bullying and other safety issues contributing to PTSD
Harm reduction adult dating apps such as Grindr, Scruff, etc.
Risk assessment for substance abuse
Assess for suicidality
Finding support

Gay Male
Develop a treatment plan and goals for unique challenges growing up gay male
Accurate assessment of alcohol use with this high risk population
HIV & STI prevention strategies and risk and harm reduction
Generational differences informing different treatment plans
Internalized homophobia
Learn specific sexual terminology to avoid alienating your client

Lesbian
Develop a treatment plan and goals for unique challenges growing up lesbian
Specific terminology that is helpful and damaging in this population
Sex and sexuality: what to know, what to ask
Strategies to manage gender dynamics
Internalized homophobia manifests in development

Bisexuality
Learn strategies to help the anxiety of bisexuals in dating and relationships
Internalized biphobia and bisexual development from childhood into adulthood
Compare and contrast male and female bisexuality

Transgender
Overcome the knowledge barrier
Avoid using outdated treatment plans
Learn and differentiate correct terms such as gender queer, gender fluid and cisgender
Strategies to help your client tell their partner, families, friends and employers
Tips to discuss hormone treatments and surgical procedures
Crucial points for transgender teens medically and psychologically and how to create best treatment plan

Questioning
Avoid mislabeling a client and leading them down the wrong sexual identity path
Differentiate between sexual fluidity from bisexuality, gay and lesbian identities
Differentiate between sexual identity, sexual behavior and sexual fantasies

Working with LGB Couples
Dynamics of a same gendered couple including vulnerabilities and strengths
Coming out discrepancy causing turbulence for couples
Recognize and identify how internalized homophobia creates conflicts
Open relationships in gay male couples
Sexual issues and strategies on compatibility, incompatibility, frequency and satisfaction

Working with Mixed Orientation Couples and Relationships
Specific stages of coming out as a mixed orientation couple
Specialized treatment programs for the straight spouses
Helping LGBTQ spouse integrate their identity into their mixed orientation relationships
Learn how to identify which couples will succeed and which won't

PESI Inc. is proud to offer this seminar (at these locations only) *free* of charge (on live seminar tuition) for veterans and active duty military personnel. ***Advance registration by phone required.***

Objectives

1. Assess gay, lesbian, bisexual, transgender and questioning clients for psychological trauma to assist in informing treatments interventions.
2. Establish and understand the six distinct stages of the coming out process to provide optimal amount of support to the client.
3. Distinguish between mental health disorders that mimic the effects of the trauma from growing up LGBTQ.
4. Utilize specific clinical interventions and assessment tools to more effectively treat LGBTQ clients.
5. Employ adaptable clinical interventions to work more effectively with LGBTQ clients from different generations.
6. Consider the dynamics of same gendered couple, including vulnerabilities and strengths, when working with LGB couples in session.

Seminar on CD or DVD Package:
If you cannot attend this seminar, you can purchase a self-study package on the subject.You will receive a set of CDs or DVDs that include a digital copy of the seminar manual and post-test/evaluation. You and your colleagues can receive CE hours for a nominal fee. To determine if homestudy credits are available for your profession go to www.pesi.com or call 800-844-8260. Check with your licensing board to verify acceptance of self-study credits for license renewal. Order today by using the order form on this brochure or by calling 800-844-8260.

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7:30 Registration/Morning Coffee & Tea
8:00 Program begins
11:50-1:00 Lunch *(on your own)*
4:00 Program ends

For locations and maps, go to www.pesi.com, find your event, and click on the seminar title.

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How to Register:

LESBIAN, GAY, BISEXUAL, TRANSGENDER AND QUESTIONING (LGBTQ) CLIENTS: CLINICAL ISSUES AND TREATMENT STRATEGIES

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ADA needs:
We would be happy to accommodate your ADA needs; please call at least two weeks prior to the seminar date.

Walk-ins are welcome but admission cannot be guaranteed. Call M-F 7:00-6:00 Central Time for space availability if registering within one week of seminar.

Tuition Options:
FREE MILITARY TUITION: PESI Inc. is proud to offer this seminar (at these locations only) free of charge (on live seminar tuition) for veterans and active duty military personnel. Advance registration by phone required.

$30 Tuition: If you are interested in being our registration coordinator for the day, go to: **www.pesi.com/coord** for availability and job description, or call our Customer Service Dept. at 800-844-8260. Groups of 5 or more: Call 800-844-8260 for discounts.

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Advance registration required. *Cannot be combined with other discounts.*

❶ Please complete entire form (to notify you of seminar changes): *please print; staple duplicate forms.*

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___ ***Sex Made Simple*** book* $19.99 (PUB083835)
___ ***Mindfulness Tools for Gay Men In Therapy*** book* $24.99 (PUB084585)
___ ***Couples Therapy Workbook**** $24.99 (PUB083085)

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