

Outline

Narcissistic Spectrum Treatment Foundations

- Core belief: "Since I am special, I deserve special rules"
- Five central components to accurate narcissistic diagnosis
- Core and/or surface structure of the narcissistic spectrum
- Gender differences and narcissistic personality disorder
- Narcissistic neurology
- Attachment and pathological narcissism
- Pathological continuum, treatment errors, and speaking narcissism
- Key target areas for treatment
- Five categories of therapeutic responses to narcissism
- Therapist reactions to narcissism
- Psychopharmacology and narcissism

Treating the Narcissistic Client

- Setting the Stage for Successful Treatment
 - Narcissists don't seek treatment
 - To treat or not to treat: the distinction and overlap between NPD and Antisocial PD
 - The distinction between entitlement and NPD
 - Complications to treatment planning - mild to extreme factors
 - NPD subtypes

- Address and Change Maladaptive Patterns
 - Identify surface and core structure
 - Assess investment and motivation in treatment
 - Manage narcissistic power struggles
 - Getting underneath the veneer of perfectionism: competence, autonomy, relatedness, and purpose
 - Narcissistic reaction from stress to rage

- The Treatment Plan: Dig Deeper into Motivations and Lessen Symptomatology
 - Enhance personal empowerment to lessen maladaptive narcissistic behaviors
 - Assertiveness over aggression
 - Lengthen the fuse to prevent explosions
 - Learn and implement new behavioral, emotional, and thought patterns
 - Strengthen appropriate social power, interaction methods, and control

- Final Steps of Successful Treatment
 - Conceptualizing successful treatment
 - Treatment plan goals and examples

Treating the Partner of a Narcissist

- Setting the Stage for Successful Treatment
 - Treat the client in the chair and the invisible client
 - What is and what may never be and challenging foundational beliefs
 - The narcissistic self-serving significant other (SO)
 - When they are caught in a blackmail trap
 - Assess continuance or dissolution of the relationship

- Address and Change Maladaptive Patterns
 - Break the cycle of glorifying, belittling, and abandoning
 - Clarify and maintain boundaries
 - Manage and lessen mental manipulation
 - Power to choose

- Treatment Plan: Dig Deeper into Motivations and Lessen Symptomatology
 - Breaking free from the narcissistic partner
 - 7 hopes and realities expanded
 - Clarify client wants, deserves, and must-haves
 - No more roller coaster
 - The foundational 5: communication, mutual respect, trust, acceptance, and shared interests and values

- Final Steps of Successful Treatment
 - Together or apart
 - Stay who you are

Treating the Impact of Narcissistic Parents

- Setting the Stage for Successful Treatment
 - Narcissistic family characteristics
 - The Narcissistic parent identified
 - Components of adult children of Narcissists
 - The family of my dreams

- Address and Change Maladaptive Patterns
 - Identify the engulfing or ignoring narcissistic parent type
 - Avoid "The Family Crucible" trap
 - The narcissistic parent and self-definition
 - Fight backhanded and hurtful comments

- Treatment Plan: Dig Deeper into Motivations and Lessen Symptomatology
 - The gift of narcissistic pathology
 - Overcome destructive inner narcissistic family member
 - Differentiation of child from parent exercise
 - Parenting differently

- Final Steps of Successful Treatment
 - The family dynamic influencers
 - Therapeutic milestones

Live Seminar & Webcast Schedule
(Times listed in Eastern)


7:30 Registration/Morning Coffee & Tea

8:00 Program begins

11:50-1:00 Lunch *(on your own)*

4:00 Program ends

For locations and maps, go to www.pesi.com, find your event, and click on the seminar title.



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**Overcoming
the Narcissistic
Dynamic**

Successful Treatment Techniques for Narcissistic Spectrum Clients, Their Partners & Their Children

FAIRFAX, VA
Wednesday, May 9, 2018

TOWSON, MD
Friday, May 11, 2018

COLUMBIA, MD
Thursday, May 10, 2018

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**Overcoming
the Narcissistic
Dynamic**

Successful Treatment Techniques for Narcissistic Spectrum Clients, Their Partners & Their Children

Featuring expert and award winning author,
Daniel J. Fox, Ph.D.


- Techniques to master working with clients along the narcissistic spectrum
- Strategies to empower and instill hope in partners of narcissists
- Interventions that work to help break narcissistic family patterns and minimize the pain

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Clients with Narcissistic Personality Disorder (NPD) are often reluctant to attend therapy and can be difficult to successfully treat. While this can be a rewarding process, it's not without its challenges and requires a specific set of skills.

But it's not just the narcissistic client you are likely to see in your office. Often times, it's the partners and children of the narcissist who are seeking treatment due to being left in their loved one's dysfunctional wake.

This treatment-focused seminar will help you learn the skills to successfully work with, and manage, the narcissistic spectrum client, their partners, and their children.

Working with partners in narcissistic spectrum relationships presents unique challenges that require specific therapeutic approaches and skills. This seminar will help you gain those skills and maximize therapeutic sessions to lessen relationship difficulties and build resistance to narcissistic spectrum manipulations often seen in clients in narcissistic spectrum relationships.

Children of narcissistic spectrum parents often present with unique and complex symptoms that disrupt therapeutic trajectory and keep them stuck in place. You can affect change in these individuals, you can help them overcome the burdens, guilt, and regret they carry with the tools and techniques learned through this seminar.

Register today for this unique, fun, and impactful seminar that will guide you through the process of treating your clients along the narcissistic spectrum, their partners, and their children!

Speaker
Daniel J. Fox, Ph.D., is a licensed psychologist in Texas, international speaker, and award-winning author. He has been specializing in the treatment and assessment of individuals with personality disorders for over 15 years in the state and federal prison system, universities, and in private practice. His specialty areas include personality disorders, ethics, burnout prevention, and emotional intelligence. He has published several articles in these areas and is the author of *The Clinician's Guide to Diagnosis and Treatment of Personality Disorders* and the award-winning *Antisocial, Borderline, Narcissistic and Histrionic Workbook: Treatment Strategies for Cluster B Personality Disorders*. His newest workbook will assist clinicians working with clients, partners, and children of parents who are along the narcissistic personality disorder spectrum; the anticipated release is in 2018.

Dr. Fox has been teaching and supervising students for over 15 years at various universities across the United States, some of which include West Virginia University, Texas A&M University, University of Houston, Sam Houston State University, and Florida State University. He is currently a staff psychologist in the federal prison system, Adjunct Assistant Professor at University of Houston, as well as maintaining a private practice that specializes in the assessment and treatment of individuals with complex psychopathology and personality disorders. Dr. Fox has given numerous workshops and seminars on ethics and personality disorders, personality disorders and crime, treatment solutions for treating clients along the antisocial, borderline, narcissistic, and histrionic personality spectrum, emotional intelligence, managing mental health within the prison system, and others. Dr. Fox maintains a website of various treatment interventions focused on working with and attenuating the symptomatology related to individuals along the antisocial, borderline, narcissistic, and histrionic personality spectrum (www.drdfox.com).

Speaker Disclosures:

Financial: Daniel Fox is in private practice. He receives royalties as an author for PESI Publishing & Media. Dr. Fox receives a speaking honorarium from PESI, Inc.

Non-financial: Daniel Fox has no relevant non-financial relationship to disclose.

Live Webcast Details and Live Webcast Continuing Education Credit Information

Join us on May 11, 2018, for this live, interactive webcast! Invite your entire office and, like a live seminar, "attend" the webcast at its scheduled time. It's easy and convenient! Webcasts provide everything you need for a premier educational experience including real-time video and audio of the speaker. See and hear the speaker, ask questions via email and have them answered during the webcast, and watch the slides all on your computer screen. Seminar materials are available for download. One CE Certificate is included. Certificates of Completion can be printed after completing and passing the on-line post-test evaluation. Additional certificates are available for \$29.99 USD per participant. Please see "live seminar schedule" for full attendance start and end times. NOTE: Boards do not allow credit for breaks or lunch. For CE information for the live webcast, please visit: www.pesi.com/webcast/61998.

Target Audience: Counselors • Psychotherapists • Psychologists • Social Workers • Addiction Counselors • Case Managers
Marriage & Family Therapists • Nurses • Mental Health Professionals

Seminar on CD or DVD Package: You can purchase a self-study package on the subject. You will receive a set of CDs or DVDs that include a digital copy of the seminar manual and post-test/evaluation. You and your colleagues can receive CE hours for a nominal fee. To determine if homestudy credits are available for your profession go to www.pesi.com or call 800-844-8260. Check with your licensing board to verify acceptance of self-study credits for license renewal. Order today by using the order form on this brochure or by calling 800-844-8260.

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Have a seminar idea? A manuscript to publish? The nation's top speakers and authors contact PESI first. If you are interested in becoming a speaker or have a new topic idea, please contact Anna Rustick at arustick@pesi.com or call 715-855-8195.

Overcoming the Narcissistic Dynamic

Objectives

1. Create a treatment plan for better outcomes of clients along the narcissistic spectrum.
2. Incorporate evidence-based techniques to address and change maladaptive patterns in your narcissistic spectrum clients, their partners, and their children.
3. Develop skills to help your narcissistic spectrum clients, their partners, and their children learn adaptive relationship skills while minimizing maladaptive relationship pathology.
4. Explore the factors that keep partners in relationships with narcissists and provide strategies for building resistance and resiliency against manipulative behavior.
5. Differentiate between the different narcissistic spectrum parent types to improve treatment outcomes among their children.
6. Develop effective assessment skills and clinical strategies for effectively treating children of narcissistic spectrum parents.

Save by including these PRODUCTS with seminar registration!

The Clinician's Guide to the Diagnosis and Treatment of Personality Disorders

By Daniel Fox, Ph.D., *Your Presenter*

This comprehensive guide covers general personality disorders and manifestation, neurological components, a developmental psychology approach to understand how personality disorders develop and why they do not in some people. Each chapter of individual personality disorders includes up-to-date information on etiology, prevalence, diagnosis from various sources above and beyond the DSM, case examples, and more.

Antisocial, Borderline, Narcissistic & Histrionic Workbook:

Treatment Strategies for Cluster B Personality Disorders

By Daniel J. Fox, Ph.D., *Your Presenter*

Developed from years of experience working with complex and challenging clients, Daniel Fox, PhD has created the ultimate workbook to effectively treat clients with antisocial, histrionic, narcissistic and borderline personality disorders. Utilize unique worksheets, checklists and other exercises to diagnose, tackle specific issues, reduce problematic symptoms and keep therapy moving forward.

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Credits listed below are for full attendance at the live event only. Certificates of Completion are distributed at the conclusion of the live seminar for those who register prior to the event date and attend the full day. A letter of attendance will be issued to participants who register at the event, arrive late, or leave early. For those who registered day of (walk-ins), and are in full attendance, a certificate of completion for full CE credit will be sent within 30 days following the event. For those in partial attendance (arrived late or left early), an adjusted certificate of completion reflecting partial credit will be issued within 30 days (if your board allows). Please see "live seminar schedule" for full attendance start and end times. NOTE: Boards do not allow credit for breaks or lunch.

If your profession is not listed, please contact your licensing board to determine your continuing education requirements and check for reciprocal approval. For other credit inquiries not specified below, or questions on home study credit availability, please contact cespi@pesi.com or 800-844-8260 before the event.

Materials that are included in this course may include interventions and modalities that are beyond the authorized practice of mental health professionals. As a licensed professional, you are responsible for reviewing the scope of practice, including activities that are defined in law as beyond the boundaries of practice in accordance with and in compliance with your professions standards.

PESI, Inc. offers continuing education programs and products under the brand names PESI, PESI Healthcare, PESI Rehab and Psychotherapy Networker.

ADDICTION COUNSELORS: This course has been approved by PESI, Inc., as a NAADAC Approved Education Provider, for 6.0 CE in the Counseling Services skill group. NAADAC Provider #77553. PESI, Inc. is responsible for all aspects of their programming. Full attendance is required; no partial credit will be awarded for partial attendance.

COUNSELORS: This intermediate activity consists of 6.25 clock hours of continuing education instruction. Credit requirements and approvals vary per state board regulations. Please save the course outline, the certificate of completion you receive from the activity and contact your state board or organization to determine specific filing requirements.

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