

Understanding the Needs of the Dying

Bringing Hope, Comfort and Love to Life's Final Chapter

David Kessler, best-selling author, collaborator with the legendary Elisabeth Kübler-Ross, and well-known expert on palliative care, hospice and end-of-life issues will provide you the newest information on death, grief and deathbed phenomena ... real, tested, engaging information you will not find anywhere else.

Delve deeper into the mysteries of life and death exploring key topics

- New studies on deathbed visions, and the role they play in end-of-life care
- Tools for sensitivity and discretion for balancing wishes of the dying and family with medical, ethical and legal considerations
- Communication strategies for necessary difficult and emotion conversations
- Deeper insight on how anticipatory grief shapes end-of-life experiences
- Understand why children are often the forgotten grievers, and how to help
- Cultural differences and new sensitivity to care
- Assisted suicide



Photo by Ken Ross

"David Kessler is my friend and student. He carries on my work."

— Elisabeth Kübler-Ross, M.D.

It's guaranteed to be a day that will enhance your work as a caregiver and David will provide so much insight, tools, strategies and inspiring information, you'll look forward to the next day at your work ... so you can immediately begin to use all you have learned.

David's very presence with those approaching death was like being enveloped in a safe, cozy space. No harm could come to you if David was around. In fact, I recently asked him to be there when it is my time to go.

— Louise L. Hay, the New York Times best-selling author of *You Can Heal Your Life*

Objectives

1. Articulate ways to meet common needs of the dying across many health care settings
2. Discriminate the differences and commonalities of palliative and hospice care models
3. Ascertain the meaning of anticipatory grief and how it shapes the end of life experience for patients and families
4. Evaluate and resolve conflict regarding advance directives and code status
5. Develop tools to help children cope with a loved one dying
6. Articulate the role of spirituality in the last years of life

Outline

Signs of Impending Death

Preparing family for physical changes
Interventions for coping with emotional changes in the family
Using near death awareness as a predictor in clinical settings

Palliative Care Model

Academic settings vs community
Physician led vs non physician led
Roles of physician, nurse, social worker, case manager, discharge planner, clergy
What's best - hospital, home health, hospice, skilled nursing facility
Joint commission certification

Hospice

Removing barriers
How hospice can increase length of stay while decreasing hospital time
Bereavement services to enhance community partnerships

Death Related Sensory Experiences (Death Bed Visions)

Effective and ineffective models for family coping and integration
Religion in patients' deathbed visions
Using the law to normalize the dying experience
Clinical/palliative care studies, research of near death awareness

Advance Directives

Physician order for life sustaining treatment
Make advance directives useful and medically effective
D.N.R. (do not resuscitate) vs. A.N.D.(allow natural death)
Code status and impact on the grieving process

Anticipatory Grief

Treatment strategies for hospice, palliative care and mental health care professionals
Tools for normalizing

Helping the Dying Patient's Children

How the media shapes a child's view of death
Tools for preparing a child for loss
Interventions for coping with funerals
Why children are often the forgotten grievers and how to help

The Ethics Committee and End of Life

How and when to use your ethics committee
How and why members of the end of life team can participate
Techniques for helping families get the most out of the ethics meetings
Avoid the common pitfalls of ethics committees at the end of life

Hope and Miracles

How to help families integrate desire for miracles at the end of life
Techniques for honoring hope without fostering denial

Cultural Differences

Affecting care of the dying
Tools for successfully bridging the gap with healthcare providers and families

The Question of Assisted Suicide

Understanding the current debate
The realities of withdrawing care vs assisted suicide
Learn techniques for addressing patient's requests for assisted suicide within the facilities and health care provider's beliefs system



"This (David's) book is a source of reflection over that most mysterious and beautiful moment which awaits us all."

— Mother Teresa



Live Seminar Schedule (Both Days)

8:00 Registration/Morning Coffee & Tea

8:30 Program begins

12:00-1:00 Lunch (on your own)

4:00 Program ends

For locations and maps, go to www.pesi.com, find your event, and click on the seminar title.

Target Audience:

Counselors • Social Workers • Psychologists • Therapists • Nurses
Case Managers • Marriage & Family Therapists • Palliative Care Services
Chaplains • Marriage & Family Therapists • Hospice Professionals
Other Mental Health Professionals • Healthcare Workers

Hassle-Free Cancellation Policy: If you contact us before the event date, you can exchange for a DVD or CD/digital manual package on the subject (self-study continuing education credit may be available), a certificate to attend another seminar, or receive a tuition refund less a \$30 per day cancel fee. Substitutions are permitted at any time.



Shame Shields

BRENÉ BROWN, Ph.D.

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Understanding the Needs of the Dying

Bringing Hope, Comfort and Love to Life's Final Chapter

Tuesday, February 13, 2018

David Kessler On Grief & Grieving



FEATURING

David Kessler

Renowned grief and healing expert, author

Honolulu, HI

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David Kessler On Grief & Grieving

- Tools and tips that can help your clients process grief in a healthy way
- Explore how grief is also a window into all old wounds – and how you should respond
- Become confident in your work around grief and grieving – learning from an international expert in the field



FEATURING

David Kessler

Renowned grief and healing expert, author
Featured on "Oprah & Friends", CNN, NBC, MSNBC, PBS, People Magazine, "Entertainment Tonight", "Anderson Cooper 360", "Dr Oz", "The Talk", The Boston Globe, Los Angeles Times

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David Kessler On Grief & Grieving

IF EVER THERE WAS A CAREER-CHANGING, LIFE-CHANGING SEMINAR IT'S A DAY WITH DAVID KESSLER

Grief and grieving. It's traumatic. It's awkward. It's painful.

How often do you walk into the session or the client's room knowing that your education did not prepare you for this? How often do you miss having the right words, phrases and the right actions to console?

As professionals we are expected to have the right words at hand, the right actions to recommend, and the right response. Most of us fail shamefully due to a lack of grief emphasis in our training. **Every client we will see will experience loss in their life.**

Join **David Kessler**, international grief expert, author and practitioner and transform your practice, your life, and learn the art of caring for the grieving. You will then know the right words and actions to truly be of help to the dying and grieving.

David's personal experience of witnessing a mass shooting as a child and its aftermath helped him begin his journey as a grief healer. Through his work with **Elisabeth Kübler-Ross** and **Mother Teresa**, he has helped thousands of people face life and death with peace, dignity and courage. From working with Elizabeth Taylor, Michael Landon, and Anthony Perkins to seeing up-close the devastation and heroic response of so many at 9/11, Ground Zero, and Sandy Hook Elementary School tragedies, David lives the work he teaches.

Don't let more time go by feeling unprepared to help your clients process their trauma, their grief and heal. Sign up today for this life-altering day.

Meet Your Speaker



David Kessler is one of the world's foremost experts on healing and loss. His experience with thousands of people on the edge of life and death has taught him the secrets to living a happy and fulfilled life.

He is the author of five bestselling books. His first book, *The Needs of the Dying*, a #1 best-selling hospice book, received praise by Mother Teresa. He co-authored two bestsellers with the legendary Elisabeth Kübler-Ross: *On Grief and Grieving* and *Life Lessons*. His latest book is *You Can Heal Your Heart: Finding Peace After Breakup, Divorce or Death* with Louise Hay. He worked with Elizabeth Taylor, Jamie Lee Curtis, and Marianne Williamson when their loved ones faced life-challenging illnesses. He also worked with late actors Anthony Perkins and Michael Landon. David's work has been discussed in the *Los Angeles Times*, *Business Week* and *Life Magazine*, and has been featured on "CNN-Cross Fire", NBC, Fox, PBS, "Dr. Oz" and "Entertainment Tonight". David is a contributing writer on Oprah.com, Dr. Oz's Sharecare.com, *Anderson Cooper 360* and *The Huffington Post*.

David has a master's degree in Health Care Bioethics from Loyola Marymount University, he did his undergraduate work at University of Southern California and is a member of the American College of Health Care Executives. He is a certified AMA / EPEC (Education for Physicians) trainer. He also is the founding chairperson for the Hospital Association of Southern California Palliative Care Committee and spent the last decade as a C-suite executive in a 650 bed – three hospital system in Los Angeles County.

Speaker Disclosures:
Financial: David Kessler receives compensation as Vice President of Patient Support Services for Citrus Valley Health Partners. He is an author for Simon & Schuster – New York and receives royalties. Mr. Kessler receives a speaking honorarium from PESI, Inc. Nonfinancial: David Kessler has no relevant nonfinancial relationship to disclose.

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Objectives

1. Explore the dynamics of different types of grief and the healing processes associated with each.
2. Specify age appropriate grieving milestones that occur across the lifespan.
3. Articulate the somatic response to grief and identify how to manage residual grief in the body.
4. Consider why children are often the "forgotten grievers" and identify strategies for helping this population.
5. Analyze the efficacy of positive psychology interventions in treating grief.
6. Ascertain the relationship between traumatic events and grief as it relates to the healing process.

Outline

Interventions that can Shape Grief

Anticipatory Grief

Treatment strategies
Tools for normalizing anticipatory grief for the client

Children in Grief

Tools for preparing for the loss
Intervention for coping enhancement for funerals
The forgotten grievers
Learn the truth about children going to funerals and open caskets

Complicated Grief

Simplifying the model
Murder, multiple losses, sudden death, suicide, Alzheimer's

Explanations of Types of Grief

Delayed
Disenfranchised
Ambiguous
Inconclusive
Complicated
Average response
Resilience

Forgiveness

Learn alternatives to forgiveness
Understand when it works and why it doesn't
Learn techniques your client can use to actually find forgiveness

The Grief of Suicide

Understand how grief of suicide is different
Learn techniques for releasing feelings of responsibility
Tools for healing grief after a suicide

The Body and Grief

Help understand how we hold grief in our body
Learn techniques your client can use to get in touch with residual grief in the body
Understand the ways the body remembers

Trauma

How we often re-traumatize ourselves in grief
Learn the difference between releasing grief and replaying traumatic events
How vicarious trauma can affect the clinician

Positive Psychology and Grief

Learn how positive psychology can be used in healing grief
Understand why clients may treat themselves harshly in grief
Learn new ways to decrease suffering after a loss

Pet Loss

Learn why pet loss is just as significant as other losses
Understand why clients may not reveal loss of a pet
Learn new ways to help with feelings of exaggerated responsibility

Self-care for Clinician Working with Loss

Learn how to take care of ourselves when being surrounded by loss
Understand why we sometimes over identify with clients
Understand if it's helpful to self-disclose about the clinicians losses

Successfully Supporting Friends and Family Members in Grief

Learn what to say and what not to say
Understand proven strategies that will help clients heal themselves while not getting lost in others' grief
Tools for normalizing anticipatory grief for the client

Tools for the Clinician to Help Clients Cope with

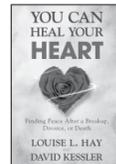
Bullycide
Anniversaries
Holidays – the seen and unseen
Birthdays

Disasters and How We Cope

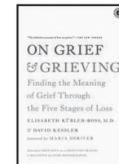
Shootings/hurricanes/earthquakes and terrorist acts
Techniques for approaching horrific crime and/or disaster scenes
The impact of natural vs. manmade disasters

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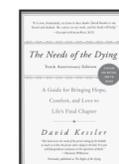
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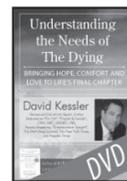
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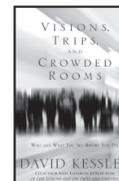
On Grief and Grieving
By Elisabeth Kübler Ross and David Kessler



The Needs of the Dying
By David Kessler



Understanding the Needs of the Dying: Bringing Hope, Comfort and Love to Life's Final Chapter
By David Kessler



Visions, Trips, and Crowded Rooms: Who and What You See Before You Die
By David Kessler



Healing Grief Card Deck: 55 Practices to Find Peace
By David Kessler

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Credits listed below are for full attendance at the live event only. Certificates of Completion are distributed at the conclusion of the live seminar for those who register prior to the event date and attend the full day. A letter of attendance will be issued to participants who register at the event, arrive late, or leave early. For those who registered day of (walk-ins), and are in full attendance, a certificate of completion for full CE credit will be sent within 30 days following the event. For those in partial attendance (arrived late or left early), an adjusted certificate of completion reflecting partial credit will be issued within 30 days (if your board allows). Please see "live seminar schedule" for full attendance start and end times. NOTE: Boards do not allow credit for breaks or lunch.

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CASE MANAGERS: This course, David Kessler On Grief and Grieving, has been awarded 6.0 clock hours by the Commission for Case Manager Certification. Full attendance is required.

CHAPLAINS/CLERGY: This activity is designed to qualify for 6.0 continuing education hours per day OR 12.0 continuing education hours for entire seminar.

CERTIFICATION IN THANATOLOGY: This educational offering is recognized by the Association for Death Education and Counseling to meet the thanatology-related educational contact hour requirements to be Certified in Thanatology: Death, Dying and Bereavement. This course will award 6.0 contact hours per day to participants OR 12.0 contact hours for entire seminar.

COUNSELORS: This intermediate activity consists of 6.0 clock hours per day OR 12.0 clock hours for entire seminar, of continuing education instruction. Credit requirements and approvals vary per state board regulations. Please save the course outline, the certificate of completion you receive from the activity and contact your state board or organization to determine specific filing requirements.

MARRIAGE & FAMILY THERAPISTS: This activity consists of 360 minutes of continuing education instruction per day OR 720 minutes of continuing education instruction for entire seminar. Credit requirements and approvals vary per state board regulations. You should save this course outline, the certificate of completion you receive from the activity and contact your state board or organization to determine specific filing requirements.

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NURSING HOME ADMINISTRATORS: This educational offering, David Kessler on Grief and Grieving, has been reviewed by the National Continuing Education Review Service (NCERS) of the National Association of Long Term Care Administrator Boards (NAB) and approved for 6.0 clock hours and 6.0 participant hours.

PSYCHOLOGISTS: PESI, Inc. is approved by the American Psychological Association to sponsor continuing education for psychologists. PESI maintains responsibility for this program and its content. PESI is offering this activity for 6.0 hours per day OR 12.0 hours for entire seminar, of continuing education credit. Full attendance is required; no partial credits will be offered for partial attendance.

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