

Outline

I. Learn the DSM-5® Personality Disorder System

- What is personality, where does it come from and where does it go?
- Attachment-the lifelong problem
- Personality pathology: genes vs. family vs. friends vs. fate
- Personality disorders
- Spectrum or category
- Discrete or complex
- Bump in the road or end of the line
- Why can't we all just get along?

II. "It's All About Me." The Challenge of the Hidden Agenda

- The core of the personality disorder: The unchanging agenda
- A review of the DSM-5® personality disorders and their agendas:
Criteria changes:
 - Schizotypal
 - Narcissistic
 - Antisocial (and Psychopaths!)
 - Borderline
 - Avoidant
 - Obsessive-Compulsive
 - Trait Specified (PDTS) What is that?
- General Criteria for Personality Disorders
- Levels of Personality Functioning
- Personality Trait Domains

Objectives

- 1 Give examples of the essential characteristics of each of the personality disorders in DSM-5®.
- 2 Explain the hidden agendas of each of the personality disorders.
- 3 Describe how transference and countertransference affects clinical management and treatment outcome.
- 4 Explain the boundary violation traps inherent in each of the personality disorder relationships.
- 5 Assess treatability and prognosis early on in the therapy.
- 6 Evaluate the efficacy of various treatment methods including DBT and CBT.
- 7 Manage suicidality, self-injurious behavior and violence so that nobody gets hurt.

III. Actually, It's All About You

- Transference & Countertransference
- What does transference and countertransference look like in our work?
- Boundary crossings and boundary violations
- How to tell when you are headed for disaster and how to intervene

IV. What Works and What Doesn't With Personality Disorders

- Polypharmacy and the borderline client
- DBT, CBT and all the rest-which therapy for whom? What's the evidence and what's the truth
- Generic, but incredibly useful, therapy strategies for each disorder
- Are some disorders hopeless?

V. Nobody Gets Hurt:

Violence, Suicide & Manipulation

- Self-injurious behavior
- The frustration of recurrent suicidal behavior
- Suicide risk assessment
- Keeping yourself safe

Seminar Schedule

7:30 a.m. Registration/Morning Coffee & Tea
8:00 a.m. Program begins
11:50 a.m. - 1:00 p.m. Lunch (*on your own*)
4:00 p.m. Program ends

For locations and maps, go to www.pesi.com, find your event, and click on the seminar title.

Target Audience: Counselors • Social Workers
Psychologists • Case Managers • Addiction Counselors
Therapists • Marriage & Family Therapists
Other Mental Health Professionals • Nurses

Seminar on CD or DVD Package:

You can purchase a self-study package on the subject. You will receive a set of CDs or DVDs that include a digital copy of the seminar manual and post-test/evaluation. You and your colleagues can receive CE hours for a nominal fee. To determine if homestudy credits are available for your profession go to www.pesi.com or call 800-844-8260. Check with your licensing board to verify acceptance of self-study credits for license renewal. Order today by using the order form on this brochure or by calling 800-844-8260.

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PERSONALITY DISORDERS

The Challenges of the Hidden Agenda

- Therapy strategies for specific personality disorders
- Manage suicidality, self-injurious behavior and violence so that nobody gets hurt

... and more!!

TOWSON, MD
Tuesday, January 16, 2018

COLUMBIA, MD
Wednesday, January 17, 2018

FAIRFAX, VA
Thursday, January 18, 2018

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PERSONALITY DISORDERS

The Challenges of the Hidden Agenda

- Therapy strategies for specific personality disorders
- Manage suicidality, self-injurious behavior and violence so that nobody gets hurt
- Learn the hidden agendas of each of the personality disorders
- Assess the efficacy of evidence-based treatment including DBT and CBT



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PERSONALITY DISORDERS

The Challenges of the Hidden Agenda

The client whose problems meet the DSM-5® criteria for personality disorder can be the most difficult client in your caseload to treat. They may require more time in therapy, more energy and involvement on your part, experience a greater number of life crises, and create more upset with their family, work, and social systems than virtually any other diagnostic group. Often being "sent" for therapy rather than choosing therapy, their motivation for change may be limited and their personality disorder is likely co-morbid with other exacerbating disorders.

Join Brooks Baer, Licensed Clinical Professional Counselor and a Licensed Marriage and Family Therapist and take home an integrated approach for working with these challenging clients.

Take home:

- Evidence-based skills for successful treatment
- Techniques to assess and treat comorbid personality
- A framework for treatment planning
- Skills to assist the client toward greater coping and adaptation

Speaker

Brooks W. Baer, MA, LCPC, LMFT, is a Licensed Clinical Professional Counselor and a Licensed Marriage and Family Therapist who has been involved in the mental health field for over 25 years. He has well over 20,000 therapy hours and has conducted over 5,000 diagnostic interviews in emergency department settings. Since 2006, Brooks has taught seminars to more than 8,000 mental health professionals across the country. He currently splits his time between an Emergency Crisis Response team and teaching. Brooks brings you the latest research regarding both therapy and neuroscience; using his extensive clinical experience, he's able to translate that information into useful principles that can be used every day.

He encourages questions and discussion in order to insure that those who attend his seminars obtain the information they need to be more effective in their various roles. Brooks' use of humor, relevant examples and his ability to elicit lively audience interaction helps make a tough subject "Fun" ... the day will "Fly."

Speaker Disclosure:

Financial: Brooks Baer is in private practice. He receives compensation as an adjunct faculty member at the University of Great Falls. Mr. Baer receives a speaking honorarium from PESI, Inc.

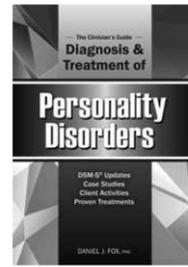
Non-financial: Brooks Baer has no relevant non-financial relationship to disclose.

Questions? Call customer service at **800-844-8260**

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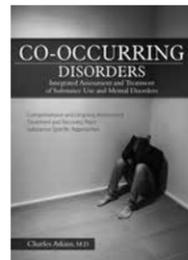
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The Clinician's Guide to the Diagnosis and Treatment of Personality Disorders

By Daniel Fox, Ph.D.

This comprehensive guide covers general personality disorders and manifestation, neurological components, a developmental psychology approach to understanding how personality disorders develop and why they do not in some people. Each chapter of individual personality disorders includes up-to-date information on etiology, prevalence, diagnosis from various sources above and beyond the DSM-5, case examples, and more.



Co-Occurring Disorders

Integrated Assessment and Treatment of Substance Use and Mental Disorders

By Charles Atkins, MD

This is a must-have resource for both the rubber-meets-the-road clinician, who wants effective strategies and a clear direction for treatment and recovery, and the administrator who creates interventions at the system level with attention to regulatory and reimbursement demands.

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This activity qualifies for 6.25 contact hours.

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OTHER PROFESSIONS: This activity qualifies for 380 minutes of instructional content as required by many national, state and local licensing boards and professional organizations. Save your course outline and certificate of completion, and contact your own board or organization for specific requirements.

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___ Seminar on CD* (audio) \$169.99 (RNA042410)

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