

Outline

I. Learn the DSM-5® Personality Disorder System

- What is personality, where does it come from and where does it go?
- Attachment-the lifelong problem
- Personality pathology: genes vs. family vs. friends vs. fate
- Personality disorders
- Spectrum or category
- Discrete or complex
- Bump in the road or end of the line
- Why can't we all just get along?

II. "It's All About Me." The Challenge of the Hidden Agenda

- The core of the personality disorder: The unchanging agenda
- A review of the DSM-5® personality disorders and their agendas:
Criteria changes:
 - Schizotypal
 - Narcissistic
 - Antisocial (and Psychopaths!)
 - Borderline
 - Avoidant
 - Obsessive-Compulsive
 - Trait Specified (PDTS) What is that?
 - General Criteria for Personality Disorders
 - Levels of Personality Functioning
 - Personality Trait Domains

Objectives

- 1 Give examples of the essential characteristics of each of the personality disorders in DSM-5®.
- 2 Explain the hidden agendas of each of the personality disorders.
- 3 Describe how transference and countertransference affects clinical management and treatment outcome.
- 4 Explain the boundary violation traps inherent in each of the personality disorder relationships.
- 5 Assess treatability and prognosis early on in the therapy.
- 6 Evaluate the efficacy of various treatment methods including DBT and CBT.
- 7 Manage suicidality, self-injurious behavior and violence so that nobody gets hurt.

III. Actually, It's All About You

- Transference & Countertransference
- What does transference and countertransference look like in our work?
- Boundary crossings and boundary violations
- How to tell when you are headed for disaster and how to intervene

IV. What Works and What Doesn't With Personality Disorders

- Polypharmacy and the borderline client
- DBT, CBT and all the rest-which therapy for whom? What's the evidence and what's the truth
- Generic, but incredibly useful, therapy strategies for each disorder
- Are some disorders hopeless?

V. Nobody Gets Hurt:

Violence, Suicide & Manipulation

- Self-injurious behavior
- The frustration of recurrent suicidal behavior
- Suicide risk assessment
- Keeping yourself safe

Seminar Schedule

7:30 a.m. Registration/Morning Coffee & Tea
8:00 a.m. Program begins
11:50 a.m. - 1:00 p.m. Lunch (on your own)
4:00 p.m. Program ends

For locations and maps, go to www.pesi.com, find your event, and click on the seminar title.

Target Audience: Counselors • Social Workers
Psychologists • Case Managers • Addiction Counselors
Therapists • Marriage & Family Therapists
Other Mental Health Professionals • Nurses

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PERSONALITY DISORDERS

The Challenges of the Hidden Agenda

- Therapy strategies for specific personality disorders
- Manage suicidality, self-injurious behavior and violence so that nobody gets hurt

... and more!!

TOWSON, MD
Tuesday, January 16, 2018

COLUMBIA, MD
Wednesday, January 17, 2018

FAIRFAX, VA
Thursday, January 18, 2018

PERSONALITY DISORDERS

The Challenges of the Hidden Agenda

- Therapy strategies for specific personality disorders
- Manage suicidality, self-injurious behavior and violence so that nobody gets hurt
- Learn the hidden agendas of each of the personality disorders
- Assess the efficacy of evidence-based treatment including DBT and CBT



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