

# OUTLINE

## Origins of Narcissism and Treatment

Conceptualization of narcissism and early unmet needs  
Assessment tools  
Narcissism, DSM® and Schema Theory

## The Spectrum of Narcissism

Entitled types  
Full-blown character pathology  
Sociopathic profiles

## The Narcissist in Treatment

Unmet needs  
Coping styles  
Imbedded states of mind  
Specific assessment tools to guide treatment  
Modes and schema of the narcissistic client

## Overcoming the Challenges in Treating the Narcissist

Traits, states, and coping styles  
How the narcissist provokes the therapist  
How the therapist's schemas and modes can sabotage treatment  
Gain leverage  
Meaningful consequences  
Keep the narcissist motivated  
Work with the narcissist's spouse or significant other

## Target Audience:

Counselors • Psychotherapists • Psychologists  
Social Workers • Case Managers • Marriage & Family Therapists • Addiction Counselors  
Nurses • Mental Health Professionals  
Occupational Therapists

# OBJECTIVES

- 1

Simulate specific clinical strategies to apply with narcissistic clients.
- 2

Integrate concepts from interpersonal neurobiology as powerful tools for accelerating treatment effectiveness.
- 3

Explore personal schemas and modes – a major obstacle to treatment.
- 4

Utilize self-work to bypass intense personal triggers activated by the narcissist.
- 5

Create and adapt custom-fitting scripts to utilize “empathic confrontation” and to set limits.
- 6

Utilize the “Therapy Relationship” as an effective strategy for changing maladaptive reactions; and as a powerful agent for change – generalizing newly adapted behaviors from the treatment room to the narcissist’s world.

**Seminar on DVD or CD Package** You can purchase a self-study package on the subject. You will receive a set of CDs or DVDs that include a digital copy of the seminar manual and post-test/evaluation. You and your colleagues can receive CE hours for a nominal fee. To determine if homestudy credits are available for your profession go to [www.pesi.com](http://www.pesi.com) or call 800-844-8260. Check with your licensing board to verify acceptance of self-study credits for license renewal. Order today by using the order form on this brochure or by calling 800-844-8260.

## Interventions and Strategies for Change

Establish agreements regarding mutual respect  
Imagery, for linking new thinking and behavior with early maladaptive experiences  
Confront the detached modes in order to access the lonely child  
The power of candid “realness” to build trust  
Break through intellectual and approval-seeking barriers  
Confront overcompensating grandiosity  
Effectively tackle aggressiveness  
How to remain the credible, compassionate expert that you are

## How to Implement Interventions: Demonstrations and Role Plays

Video presentation/case discussion  
Imagery  
Cognitive and emotion focused chair work  
Mode work  
Empathic confrontation  
Therapy relationship  
Limit setting

## Live Seminar Schedule

**7:30 am** Registration/Morning Coffee & Tea  
**8:00 am** Program begins  
**11:50 am - 1:00 pm** Lunch (*on your own*)  
**4:00 pm** Program ends

For locations and maps, go to [www.pesi.com](http://www.pesi.com), find your event, and click on the seminar title.

“...Wendy Behary walks us through easy-to-understand explanations of how the mind of a narcissist works...”

-Daniel J. Siegel, MD

“*Disarming the Narcissist* offers sound suggestions and keen insights – a breakthrough in one of psychology’s toughest cases.”

-Daniel Goleman, Ph.D.



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# DISARMING<sup>THE</sup> NARCISSIST

Surviving and Thriving with the Self-Absorbed

Featuring: International Presenter and  
Author of the Best-Selling book *Disarming the Narcissist*

**Wendy T. Behary, MSW, LCSW**

**SEATTLE, WA**  
Thursday  
November 16, 2017

## Guarantee

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# DISARMING THE NARCISSIST

Twenty years ago, I, like you, was frustrated with the lack of treatment progress I was having with narcissistic clients and tired of feeling irritated, intimidated and defeated. I would check my schedule, and when his name was there in bold font at 4:00 PM, I would feel a dreadful pit in my stomach...but no more! The techniques I am going to give you solved this, **turned my life as a practitioner around** and **effectively changed my client's self-defeating patterns**.

I'm talking about the challenges of dealing with an "involuntary" client. The one forced to come to therapy by a loved one fed up with his arrogant, self-righteous, and obnoxious behaviors. He had recently lost a relationship, had a disciplinary problem at work and was in legal trouble all because the "rules didn't apply to him". He would strut into my office - first trying to amuse me, then defiantly refusing to engage in my "touchy feely" strategies.

## I found the key to effectively working with narcissistic clients.

Since then I have honed this innovative therapeutic approach to help move these clients beyond their self-destructive behavior, transforming the lives of numerous clients and their families. This approach will revolutionize your practice and drastically improve your outcomes with your most difficult clients (not just narcissistic ones, since it works well with any challenging or resistant client).

I have gone on to write a book "Disarming the Narcissist," as well as teach this approach around the globe and now have, in conjunction with PESI, created a special workshop to help you learn and incorporate these methods into your work.

Sign up today, to **get the secrets to my success** and help you **transform your approach**. No boring talk and theory, rather we will walk through step by step, the key strategies in my approach. You will learn how to engage these clients effectively - and confidently address their most frustrating behaviors.

Hope to see you there!

Wendy Behary

★ **Satisfaction 100% Guaranteed** ★

## SPEAKER

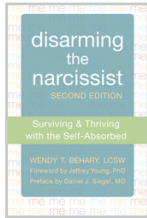


Wendy has co-authored chapters and articles on schema therapy and cognitive therapy. She is the author of (New Harbinger Publications – 2nd edition) *Disarming the Narcissist...Surviving and Thriving with the Self-Absorbed*. She has a specialty in treating narcissists and the people who live with and deal with them. As an author and an expert on the subject of narcissism, she is a contributing chapter author of several chapters on schema therapy for narcissism (Wiley Publications, APA Press and Guildford). She lectures both nationally and internationally to professionals on schema therapy, and the subject of narcissism, relationships and dealing with difficult people. Her private practice is primarily devoted to treating narcissists, partners/people dealing with them, and couples experiencing relationship problems.

### Speaker Disclosure:

Financial: Wendy Behary is the Co-Founder/Director of The Cognitive Therapy Center of New Jersey and The New Jersey Institute for Schema Therapy. She receives a speaking honorarium from PESI, Inc.

Non-financial: Wendy Behary has no relevant non-financial relationship to disclose.



## Disarming the Narcissist Surviving & Thriving with the Self-Absorbed, 2nd Edition

By Wendy Behary, MSW, LCSW,  
Your Speaker!

Disarming the Narcissist, Second Edition, will show you how to move past the narcissist's defenses using compassionate, empathetic communication. You'll learn how narcissists view the world, how to navigate their coping styles, and why, oftentimes, it's sad and lonely being a narcissist. By learning to anticipate and avoid certain hot-button issues, you'll be able to relate to narcissists without triggering aggression. By validating some common narcissistic concerns, you'll also find out how to be heard in conversation with a narcissist.

Questions? Call customer  
service at **800-844-8260**

The nation's top speakers and authors contact PESI first. If you are interested in becoming a speaker or have a new topic idea, please contact Marnie Sullivan at [msullivan@pesi.com](mailto:msullivan@pesi.com) or call 715-855-8226.

**Hassle-Free Cancellation Policy:** If you contact us before the event date, you can exchange for a DVD or CD/digital manual package on the subject (self-study continuing education credit may be available), a certificate to attend another seminar, or receive a tuition refund less a \$30 cancel fee. Substitutions are permitted at any time.

## Live Seminar Continuing Education Credit Information

*Credits listed below are for full attendance at the live event only. Certificates of Completion are distributed at the conclusion of the live seminar for those who register prior to the event date and attend the full day. A letter of attendance will be issued to participants who register at the event, arrive late, or leave early. For those who registered day of (walk-ins), and are in full attendance, a certificate of completion for full CE credit will be sent within 30 days following the event. For those in partial attendance (arrived late or left early), an adjusted certificate of completion reflecting partial credit will be issued within 30 days (if your board allows). Please see "live seminar schedule" for full attendance start and end times. NOTE: Boards do not allow credit for breaks or lunch.*

*If your profession is not listed, please contact your licensing board to determine your continuing education requirements and check for reciprocal approval. For other credit inquiries not specified below, or questions on home study credit availability, please contact [cepesi@pesi.com](mailto:cepesi@pesi.com) or 800-844-8260 before the event.*

*Materials that are included in this course may include interventions and modalities that are beyond the authorized practice of mental health professionals. As a licensed professional, you are responsible for reviewing the scope of practice, including activities that are defined in law as beyond the boundaries of practice in accordance with and in compliance with your professions standards.*

*PESI, Inc. offers continuing education programs and products under the brand names PESI, PESI Healthcare, PESI Rehab and Psychotherapy Networker.*

**ADDICTION COUNSELORS:** This course has been approved by PESI, Inc., as a NAADAC Approved Education Provider, for 6.0 CE in the Counseling Services skill group. NAADAC Provider #77553. PESI, Inc. is responsible for all aspects of their programming. Full attendance is required; no partial credit will be awarded for partial attendance.

**COUNSELORS:** This intermediate activity consists of 6.25 clock hours of continuing education instruction. Credit requirements and approvals vary per state board regulations. Please save the course outline, the certificate of completion you receive from the activity and contact your state board or organization to determine specific filing requirements.

**MARRIAGE & FAMILY THERAPISTS:** This activity consists of 380 minutes of continuing education instruction. Credit requirements and approvals vary per state board regulations. You should save this course outline, the certificate of completion you receive from the activity and contact your state board or organization to determine specific filing requirements.

**NURSE/NURSE PRACTITIONERS/CLINICAL NURSE SPECIALISTS:** This activity meets the criteria for a American Nurses Credentialing Center (ANCC) Activity PESI, Inc. is an approved provider by the American Psychological Association, which is recognized by the ANCC for behavioral health related activities.

This activity qualifies for 6.25 contact hours.

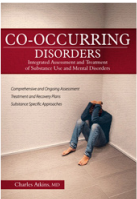
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## Antisocial, Borderline, Narcissistic and Histrionic Workbook

By Daniel J. Fox, PhD

Developed from years of experience working with complex and challenging clients, Daniel Fox, PhD has created the ultimate workbook to effectively treat clients with antisocial, histrionic, narcissistic and borderline personality disorders.



## Co-Occurring Disorders Integrated Assessment and Treatment of Substance Use and Mental Disorders

By Charles Atkins, MD

Despite an increased awareness of co-occurring disorders, most current treatment paradigms still focus on one problem or the other, leaving much unassessed, unaddressed, or ignored. Until now - a revolutionary new book from Dr. Charles Atkins that can break the cycles of relapse for those intertwined with substance use and mental illness.

**OCCUPATIONAL THERAPISTS & OCCUPATIONAL THERAPY ASSISTANTS:** PESI, Inc. is an AOTA Approved Provider of continuing education. Provider #: 3322. Full attendance at this course qualifies for 6.0 contact hours or .6 CEUs in the Category of Domain of OT and Occupational Therapy Process. Partial credit will be issued for partial attendance. The assignment of AOTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by AOTA. Course Level: Intermediate.



**PSYCHOLOGISTS:** PESI, Inc. is approved by the American Psychological Association to sponsor continuing education for psychologists. PESI maintains responsibility for this program and its content. PESI is offering this activity for 6.25 hours of continuing education credit. Full attendance is required; no partial credits will be offered for partial attendance.



**SOCIAL WORKERS:** PESI, Inc. Provider #:1062, is approved as a provider for social work continuing education by the Association of Social Work Boards (ASWB), [www.aswb.org](http://www.aswb.org) through the Approved Continuing Education (ACE) Program. PESI, Inc. maintains responsibility for the program. ASWB Approval Period: January 27, 2017 - January 27, 2020. Social workers should contact their regulatory board to determine course approval for continuing education credits. Social workers participating in this course will receive 6.25 (Clinical) continuing education clock hours for this intermediate course. A certificate of attendance will be awarded at the end of the program to social workers who complete the program evaluation.



**WASHINGTON SOCIAL WORKERS/COUNSELORS/MARRIAGE & FAMILY THERAPISTS:** This activity has been submitted to the Washington Licensed Mental Health Counselors, Licensed Marriage and Family Therapists and Licensed Clinical Social Workers Board. Approval pending.

**OTHER PROFESSIONS:** This activity qualifies for 380 minutes of instructional content as required by many national, state and local licensing boards and professional organizations. Save your course outline and certificate of completion, and contact your own board or organization for specific requirements.

QUESTIONS? Call **800-844-8260** or e-mail us at [info@pesi.com](mailto:info@pesi.com).

## How to Register:

Disarming the Narcissist: Surviving and Thriving with the Self-Absorbed

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### ADA needs:

We would be happy to accommodate your ADA needs; please call at least two weeks prior to the seminar date.

Walk-ins are welcome but admission cannot be guaranteed. Call M-F 7:00-6:00 Central Time for space availability if registering within one week of seminar.

### Tuition Options:

\$30 Tuition: If you are interested in being our registration coordinator for the day, go to: [www.pesi.com/coord](http://www.pesi.com/coord) for availability and job description, or call our Customer Service Dept. at 800-844-8260.

Groups of 5 or more: Call 800-844-8260 for discounts.

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Discounted Student Rate: As part of its mission to serve educational needs, PESI, Inc. offers a reduced rate of 50% off standard tuition for students. Enclose a current student schedule with registration form.

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*Cannot be combined with other discounts.*



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## 3 Check tuition:

### TUITION WITH SEMINAR MANUAL

**\$199.99** — choose one of the options below:

- ☐ per person for 2 or more preregistering together —OR—  
☐ single registration postmarked 3 weeks prior to seminar date

☐ **\$219.99** standard

### ADD-ON PRODUCTS

Distributed at seminar—FREE SHIPPING!

☐ **\$16.95\*** *Disarming the Narcissist, 2nd Edition* book

☐ **\$29.99\*** *Antisocial, Borderline, Narcissistic and Histrionic Workbook*

☐ **\$29.99\*** *Co-Occurring Disorders* book

\*Attendees add applicable state and local taxes except in AK, DE, MT, NH, OR

## 4 Indicate method of payment:

**ALL REGISTRATIONS MUST BE PREPAID.**

**Purchase orders welcome (attach copy).**

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\_\_\_ **Disarming the Narcissist, 2nd Edition** book\* \$16.95 (SAM046300)

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\_\_\_ **Co-Occurring Disorders** book\* \$29.99 (PUB082045)

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