## **Outline**

## **Behaviors that Make Us Crazy**

**Tantrums** 

Running out/away

Noncompliance

Nagging

Refusing to work/help

Yelling/screaming

Bullying

Panic/anxiety reactions

Lack of follow through

Not following directions

### Disorders

Oppositional Defiant Disorder

ADHD

Mood disorders

**Anxiety disorders** 

Attachment issues/disorder, conduct disorder, autism spectrum disorders

#### Assessment

### The Functions of Behavior

Fear-based (Fight, Flight, Freeze or Submit)

Escape

Attention

Sensory

Pain Control

## **Mental Health Disorder or Behavior Problem**

The power of skilled observations

The interview

Comparison to the group

The FBA-Incredibly powerful

assessment tool

The art of choosing a diagnosis (if you

have to at all!)

### **Live Seminar & Webcast Schedule** (Times Listed in Central)

Call customer service at 800-844-8260.

## **Treatment Strategies Part I**

#### Proactive

Behavior plans

Motivational incentives

Set the stage for success

Remember the initial goal

Appropriately address the functions

of the behavior

#### Reactive

Corrective measures

It's like playing chess in a tornado

## **Treatment Strategies Part II**

Specific Strategies for the Following **Behavioral Challenges:** 

**Tantrums** 

Running out/away

Noncompliance

Nagging

Refusing to work/help

Yelling/screaming

Bullying

Panic/anxiety reactions

Lack of follow through

Not following directions

## **Treatment Strategies Part III**

Specific Strategies for the Following **Disorders:** 

ODD

**ADHD** 

Mood disorders

**Anxiety disorders** 

Working with unsafe behaviors

## **Treatment Strategies Part IV Special Populations & Circumstances**

Asperger's disorder

Divorce, separation

Abuse and neglect

Parent misbehavior

Foster care

Hassle-Free Cancellation Policy: If you contact us before the event date, you can exchange for a DVD or CD/ digital manual package on the subject (self-study continuing education credit may be available), a certificate to attend another seminar, or receive a tuition refund less a \$30 cancel fee. Substitutions are permitted at any time.

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October 11

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**OPPOSITIONAL, DEFIANT** & DISRUPTIVE CHILDREN & ADOLESCENTS

Non-medication Approaches for the **Most Challenging Behaviors** 

> **NEENAH, WI** Monday, October 9, 2017

MADISON, WI

MILWAUKEE, WI

LIVE VIDEO WEBCAST Wednesday, October 11, 2017 **OPPOSITIONAL, DEFIANT** & DISRUPTIVE CHILDREN & ADOLESCENTS

> Non-medication Approaches for the Most Challenging Behaviors

- Effective strategies for ODD, ADHD, anxiety, autism, attachment and mood disorders
- Strategies for tantrums, noncompliance, bullying and other challenging behaviors
- Take away specific, strategy-driven techniques
- Improve treatment with better assessment of the look-alike disorders
- Eliminate the BIG 10 behaviors

• Positive alternatives for your most challenging kids



7:30 Registration/Morning Coffee & Tea **8:00** Program begins

**11:50-1:00** Lunch (on your own) **4:00** Program ends

For locations and maps, go to www.pesi.com, find your event, and click on the seminar title. Questions?

> Counselors • Social Workers • Psychologists • Marriage and Family Therapists • Speech-Language Pathologists • Teachers School Guidance Counselors • Case Managers • Nurses • School Administrators • Educational Paraprofessionals Occupational Therapists & Occupational Therapy Assistants • Other Helping Professionals that Work with Children

Tuesday, October 10, 2017

Wednesday, October 11, 2017

**LIVE VIDEO WEBCAST** Wednesday, October 11, 2017

Wednesday, October 11, 2017

**NEENAH, WI** 

**MADISON, WI** 

MILWAUKEE, WI

Monday, October 9, 2017

Tuesday, October 10, 2017

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## OPPOSITIONAL, DEFIANT & DISRUPTIVE CHILDREN & ADOLESCENTS

# Non-medication Approaches for the **Most Challenging Behaviors**

Children and adolescents with ODD, ADHD, Asperger's, anxiety, mood and disruptive disorders provide constant clinical and parenting challenges. Attend this seminar and learn new, effective non-medication strategies for your client's most challenging behaviors including:

•Tantrums

•Refusing to work/help

Nagging

 Panic/anxiety reactions Running out/away Yelling/screaming Lack of follow through Noncompliance Bullying Not following directions

You will walk away with immediate strategies for out-of-control behaviors and techniques for emotional regulation along with long-term treatment strategies to help kids at home and school. Scott Walls is a clinical expert and has worked with the most challenging kids both in clinical and school settings. Through the use of case studies and action-oriented handouts, you will leave this seminar with solutions to turn your most challenging kids around.

# Speaker

Scott D. Walls, MA, LIPC, CCMHC, is a mental health counselor in private practice in Lincoln, NE, and has previously spent 15 years with the Lincoln Public Schools as a behavior specialist and psychotherapist. Scott has provided therapy and consultation services for hundreds of children, teens and families in the Lincoln area.

In addition, Scott has provided numerous trainings for teachers, administrators and case management staff for various agencies.

Scott co-founded a domestic violence group for female offenders and was a practicing therapist and case manager supervisor for a special project in Lincoln that offered treatment for torture and trauma survivors for refugees and immigrants. In addition to his duties as a therapist and consultant, Scott is the founder and owner of the Lincoln Karate Clinic, Inc. This karate school offers specialized karate lessons for children ages 4-7 and youth ages 8 and up. The karate school is well known for providing unique classes that incorporate Stranger Danger lessons, and Scott's personally developed antibullying program entitled: "The 4 C's of Bullying."

Scott enjoys providing information to students and participants in a relaxed, learning environment and makes every attempt to give participants practical and down to earth, educational information.

#### Speaker Disclosures:

Financial: Scott Walls maintains a private practice. He receives a speaking honorarium from PESI, Inc. Non-financial: Scott Walls is a member of the National Board for Certified Counselors



#### LIVE WEBCAST DETAILS

#### Join us on October 11, 2017, for this live, interactive webcast!

Invite your entire organization and, like a live seminar, "attend" the webcast at its scheduled time. It's easy and convenient! Webcasts provide everything you need for a premier educational experience including real-time video and audio of the speaker. See and hear the speaker and watch the slides all on your computer screen. Seminar materials are available for download. One CE Certificate is included. Only \$19.99 per CE Certificate for each additional participant.

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> The nation's top speakers and authors contact us first. If you are interested in becoming a speaker or have a new topic idea, please contact Marnie Sullivan at msullivan@pesi.com or call 715-855-8226.

## **Objectives**

- 1. Determine behavioral episodes that challenge therapists, educators, professionals and parents.
- 2. Implement proactive strategies and reactive strategies for oppositional, defiant and disruptive children and youth.
- **3.** Communicate the difference between behavioral episodes & psychiatric conditions.
- **4.** Determine how to do a skilled observation of behavior.
- **5.** Practice how to improve your intervention/interview skills with children and youth.
- Implement proactive strategies such as writing a behavior intervention plan and safety plan for home and school.

#### SAVE BY INCLUDING THESE PRODUCTS WITH SEMINAR REGISTRATION!



## **Behavior Management Skills Guide:**

Practical Activities & Interventions for Ages 3-18

By Scott D. Walls, MA, LIPC, CCMHC Your presenter! & Deb Rauner, M.Ed

With decades of clinical and classroom behavior management success, authors Scott Walls and Deb Rauner have written a comprehensive manual featuring the best methods for effective change. The authors have identified 3 levels of negative behavior components and have paired with interventions proven to increase positive behaviors and skills. Filled with strategies for individuals or groups, this guide also includes downloadable and ready-to-use assessments, exercises, tools and forms.



## **Oppositional, Defiant & Disruptive Children and Adolescents:**

Non-Medication Approaches for the Most Challenging ODD Behaviors

By Scott D. Walls, MA, LIPC, CCMHC Your presenter!

Written for therapists, educators, parents and caretakers, this workbook will give you the tools to reduce problematic behaviors and increase positive behaviors. Including exercises, assessments, guidelines and case studies this book is full of tools and strategies for noncompliance, nagging, yellng/screaming, bullying, panic/anxiety reactions, lack of follow through, and running away.

## **Live Seminar & Webcast Continuing Education Credit Information**

Credits listed below are for full attendance at the live event only. Certificates of ompletion are distributed at the conclusion of the live seminar for those who register prior to the event date and attend the full day. A letter of attendance will be issued to participant who register at the event, arrive late, or leave early. For those who registered day of (walk-ins), and are in full attendance, a certificate of completion for full CE credit will be sent within 30 days following the event. For those in partial attendance (arrived late or left early), an adjusted certificate of completion reflecting partial credit will be issued within 30 days (if your board allows). Please see "live seminar schedule" for full attendance start and nd times. NOTE: Boards do not allow credit for breaks or lunch.

If your profession is not listed, please contact your licensing board to determine your continuing education requirements and check for reciprocal approval. For other credit inquiries not specified below, or questions on home study credit availability, please contac epesi@pesi.com or 800-844-8260 before the event.

Materials that are included in this course may include interventions and modalities that are beyond the authorized practice of mental health professionals. As a licensed professional, you are responsible for reviewing the scope of practice, including activities that are defined in law as beyond the boundaries of practice in accordance with and in compliance with

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WISCONSIN COUNSELORS: This intermediate activity is approved for 6.25 clock hours of continuing education instruction. The State of Wisconsin Department of Regulation and Licensing recognizes courses and providers that are approved by the American Psychological Association, ASWB or NAADAC, A certificate of attendance will be awarded at the end of the program to counselors who complete the program evaluation, to submit to their state board.

**EDUCATORS/TEACHERS:** This course is designed to qualify toward your professional development requirement. The program is 6.25 clock hours in length.

WISCONSIN EDUCATORS: This course may be used toward your Professional Development Plan if it meets your individual goals. Please contact DPI with questions regarding individual PDP's. This course is 6.25 clock hours.

MARRIAGE & FAMILY THERAPISTS: This activity consists of 380 minutes of continuing education instruction. Credit requirements and approvals vary per state board regulations. You should save this course outline, the certificate of completion you receive from the activity and contact your state board or organization to determin specific filing requirements

WISCONSIN MARRIAGE & FAMILY THERAPISTS: This course has been submitted

NURSE/NURSE PRACTITIONERS/CLINICAL NURSE SPECIALISTS: This activity meets the criteria for a American Nurses Credentialing Center (ANCC) Activity PESI, Inc, is an approved provider by the American Psychological Association, which is recognized by the ANCC for behavioral health related activities

This activity qualifies for 6.25 contact hours.

#### OCCUPATIONAL THERAPISTS & OCCUPATIONAL THERAPY ASSISTANTS: PESI, Inc. is an AOTA Approved

Provider of continuing education. Provider #: 3322. Full attendance at this course qualifies for 6.0 contact hours or .6 CEUs in the Category of Domain of OT and Occupational Therapy Process. Partial credit will be issued for partial attendance. The assignment of AOTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by AOTA. Course Level: Intermediate

PSYCHOLOGISTS: PESI, Inc. is approved by the American Psychological responsibility for this program and its content, PESI is offering this activity for 6.25 hours of continuing education credit. Full attendance is required; no partial credits will be offered for partial attendance.



Speech-Language-Hearing Association (ASHA) to provide D U C A T I O N | continuing education activitie and audiology. See course information for number of ASHA CEUs, instructional level and content

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area. ASHA CE Provider approval does not imply endorsement of course content, specific products or clinical procedures.

SPEECH-LANGUAGE PATHOLOGISTS: This course is offered for .6 ASHA CEUs (Intermediate level, Professional area),

\*\* Please note that Speech-Language Pathologists who participate in the live webcast will be required to complete additional steps if they want their participation submitted to the ASHA CE Registry. Detailed instructions will be provided the day of the program under the Handouts Section of the webcast.

**SOCIAL WORKERS:** PESI, Inc. Provider #:1062, is approved as a provider for social work continuing education by the Association of Social Work Boards (ASWB), www.aswb.org through the Approved Continuing Education (ACE) Program. PESI, Inc. maintains responsibility for the program. ASWB Approval Period: January 27, 2017 - January 27, 2020. Social workers should contact their regulatory board to determine course approval for continuing education credits. Social workers participating in this course will receive 6.25 (Clinical) continuing education clock hours for this intermediate course. A certificate of attendance will be awarded at the end of the program to social workers who complete the program

**OTHER PROFESSIONS:** This activity qualifies for 380 minutes of instructional content as required by many national, state and local licensing boards and professional organizations. Save your course outline and certificate of completion, and contact you own board or organization for specific requir

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#### ADA needs:

We would be happy to accommodate your ADA needs; please call at least two weeks prior to the seminar date

Walk-ins are welcome but admission cannot be guaranteed. Call M-F 7:00-6:00 Central Time for space availability if registering within one week of seminar

## **Tuition Options**

\$30 Tuition: If you are interested in being our registration coordinator for the day, go to: www.pesi.com/coord for availability and job description, or call our Customer Service Dept. at 800-844-8260

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\$199.99 - choose one of the options below: per person for 2 or more preregistering together —OR—

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**\$219.99** standard ADD-ON PRODUCTS

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**\$24.99\* Behavior Management Skills Guide** book ■ \$24.99\* Oppositional, Defiant & Disruptive Children

and Adolescents book

\*Attendees add applicable state and local taxes except in AK, DE, MT, NH, OR

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\$179.99 registration (+ tax in MN, WI & PA)

#### 4 Indicate method of payment: ALL REGISTRATIONS MUST BE PREPAID.

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Oppositional, Defiant & Disruptive Children & Adolescents: Non-medication Approaches for the Most Challenging Behaviors

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Shipping is \$6.95 first item + \$2.00 each add'l item.

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