OUTLINE

Childhood Sexual Abuse

Definition, magnitude, perpetrators, circumstances, risk factors, signs of abuse Listen to the narrative The nuances of survival, resilience, and hope

Trauma, Neurobiology, and Implications to Work with the Survivor

Neurological impacts of sexual abuse Long-term behavioral, emotional, and physical effects of trauma Body, trauma, and sexuality – Lessons from the perpetrator

The Realities Often Faced by Survivors

Complexities of sexual trauma, addiction, and sexuality Re-victimization and recycling of abuse Compulsion to repeat – domestic violence/ intimate partner violence Subsequent challenges in sexual intimacy and interpersonal relationships Manage trauma and drug-linked triggers

Similarities and Differences Men vs Women Survivors

Key differences/similarities in male and female experiences with sexual trauma Different responses and approaches to working with men and women survivors Redefine masculinity and examine sex positive approaches to working with female survivors

Strategies for Working with the Survivor

Chronicle significant events that shape your sexual values, attitudes, and beliefs Effective guidelines - The therapeutic relationship in trauma work, safety and containment

Treatment objectives, phases and the healing process, comparative look at clinical interventions

Psycho-education, wellness, coping and self-care strategies Therapeutic tools and resources for

Application of Clinical Knowledge with Case Examples Reflections and implications for your

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recovery

clinical work

OBJECTIVES

- 1. Analyze the magnitude, circumstances, risk factors, signs and indicators of childhood sexual abuse histories for adults.
- 2. Determine the impact of trauma on the brain and subsequent ways to better understand and work with the survivor.
- 3. Evaluate the long-term physical, psychological, and emotional impact of sexual trauma on a person's life.
- Point out the role of childhood sexual abuse in subsequent violence and other forms of self-destructive patterns of living.
- 5. Correlate how sexual trauma impacts men and women differently and the relationship to clinical outcomes.
- 6. Develop clinical interventions to work more effectively with survivors of sexual abuse to support positive outcomes.

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Effectively Guide Survivors to Release the Past, Restore Resilience and Heal from Sexual Abuse

Fairfax, VA Wednesday, August 23, 2017

College Park, MD Thursday, August 24, 2017

Ellicott City, MD Friday, August 25, 2017

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Effectively Guide Survivors to Release the Past, Restore Resilience and Heal from Sexual Abuse

• Understand the neurological impacts of sexual abuse and ways to facilitate healthy sexual intimacy

• Learn how sexual trauma impacts men and women differently and the implications for treatment

• Enhance your capacity and take home techniques to effectively work with victims of sexual abuse!

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Acts of sexual violence erodes a victim's safety, dignity, and self-identity. The survivor of sexual abuse often remains silent and full of shame, guilt and self-hatred. Marred by the tragedies of the abuse, the victim often suffers from depression, suicidal thoughts, post-traumatic stress disorder, addictions, and chronic health

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conditions. To cope, survivors cut, numb out with substances, recycle the abuse through violent relationships, or strike out at others.

The sexual abuse leaves your client feelings of unworthy and you may be at a loss on how to properly treat them. By only focusing on the symptoms, you may miss what the root of the problem could be- undisclosed sexual assault, childhood sexual abuse, difficulties with sexual intimacy or other sexual traumas.

This seminar will provide you with specific knowledge and resources to enhance your capacity to effectively work with survivors of sexual abuse. You will also learn about important similarities as well as differences in the impact and clinical outcomes for men versus women.

Through informed and uplifting didactic exercises, case examples and lectures, you will know how facilitate healthy measures towards recovery and assist in managing sensitive trauma- and drug linked triggers associated with sexual intimacy. You will be provided with the tools and knowledge to facilitate healing for clients traumatized by sexual abuse.

SPEAKER

Germayne Boswell Tizzano, Ph.D., has presented nationally and internationally on trauma, drug and alcohol addiction, sexuality and sexual health, body image, and mental health for more than 30 years. Dr. Tizzano is the owner and founder of Views From a Tree House, Inc.,

In her training programs, Dr. Tizzano balances her professional approach to dealing with difficult and sensitive topics with her personal, exciting, and effervescent style. She creatively designs programs to move participants from cognition, to self-awareness, to direct application in working with individuals who struggle with trauma and substance abuse.

In addition, she has authored and published an innovative and engaging curriculum, Sanctuary for Change, designed to provide at risk women with the tools and knowledge to make informed choices about their sexual health. This program is aimed at psycho-educational approaches to sexual recovery and is being implemented by the criminal justice system, mental health services, substance abuse centers, and family planning programs.

Dr. Tizzano is uniquely qualified to present trainings that speak to the heart of the participants' passion for women and men who have survived treacherous life situations and have become disenfranchised. Having lived through and been in active sexual trauma recovery herself, Ms. Tizzano is sensitive to the challenges of individuals impacted by abuse. She values the gifts of sacred healing, renewal, and transformation offered by professionals who serve men and women.

Speaker Disclosure:

Financial: Germayne Boswell Tizzano is President and Founder of Views From a Tree House. She receives a speaking honorarium from PESI, Inc

Non-financial: Germayne Boswell Tizzano has no relevant non-financial relationship to disclose.

"I am a victim and a survivor of sexual abuse. I did not choose this path. I do not want this path. I must face this path."

-Germayne Boswell Tizzano, Ph.D.

Live Seminar Schedule

7:30 Registration/Morning Coffee & Tea 8:00 Program begins 11:50-1:00 Lunch (on your own) 4:00 Program ends

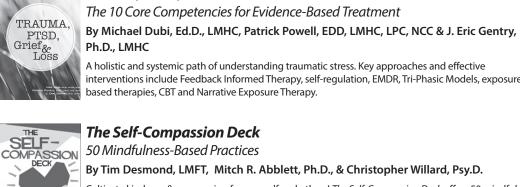
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Materials that are included in this course may include interventions and modalities that are beyond the authorized practice of mental health professionals. As a licensed professional, you are responsible for reviewing the scope of practice, including activities that are defined in law as beyond the boundaries of practice in accordance with and in compliance with your professions standards.

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DISTRICT OF COLUMBIA COUNSELORS: This intermediate activity is approved for 6.25 clock hours of continuing education instruction. The District of Columbia Municipal Regulations for Professional Counseling recognizes courses and providers that are approved by the American Psychological Association. A certificate of attendance will be awarded at the end of the program to counselors who complete the program evaluation, to submit to their state board.

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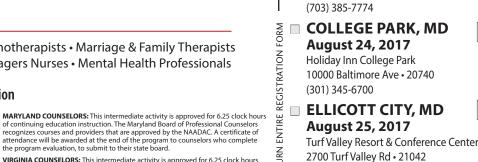
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nterventions include Feedback Informed Therapy, self-regulation, EMDR, Tri-Phasic Models, exposure-

By Tim Desmond, LMFT, Mitch R. Abblett, Ph.D., & Christopher Willard, Psy.D.

MAIL



attendance will be awarded at the end of the program to counselors who complete the program evaluation, to submit to their state board. VIRGINIA COUNSELORS: This intermediate activity is approved for 6.25 clock hours of continuing education instruction. The Virginia Board of Counseling recognizes courses and providers that are approved by the American Psychological Association

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