

Meet Your Speaker

Joe Kort, Ph.D., LMSW, is a board certified sexologist and the founder of The Center for Relationship and Sexual Health, and runs a private practice in Royal Oak, Michigan.

Dr. Kort, a therapist, coach and author, has been practicing psychotherapy for over 25 years and has spoken internationally on the subject of gay counseling. He specializes in sex therapy, gay affirmative psychotherapy, sexually compulsive behaviors, and IMAGO relationship therapy designed for couples to enhance their relationship through improved communication. Dr. Kort is a blogger for the *Huffington Post* and *Psychology Today* on issues of sexuality. He has been a guest on the various television programs on mixed orientation marriages and “sexual addiction”. Dr. Kort is the author of several books, including, *Gay Affirmative Therapy for the Straight Clinician*, *10 Smart Things Gay Men Can Do To Improve Their Lives*, *10 Smart Things Gay Men Can Do To Find Real Love*, and *Is My Husband Gay, Straight or Bisexual*.

Speaker Disclosure:
Financial: Joe Kort is President of Joe Kort & Associates, PC. He receives a speaking honorarium from PESI, Inc.
Non-financial: Joe Kort has no relevant non-financial relationship to disclose.



“This was a wonderful, informative workshop. Presenter’s delivery was great, open and created comfortable environment.”

**Nancy – Social Worker
Christina – Psychologist**

Live Seminar Continuing Education Information for Both Days

Credits listed below are for full attendance at the live event only. Certificates of Completion are distributed at the conclusion of the live seminar for those who register prior to the event date and attend the full day. A letter of attendance will be issued to participants who register at the event, arrive late, or leave early. For those who registered day of (walk-ins), and are in full attendance, a certificate of completion for full CE credit will be sent within 30 days following the event. For those in partial attendance (arrived late or left early), an adjusted certificate of completion reflecting partial credit will be issued within 30 days (if your board allows). Please see “live seminar schedule” for full attendance start and end times. NOTE: Boards do not allow credit for breaks or lunch.

If your profession is not listed, please contact your licensing board to determine your continuing education requirements and check for reciprocal approval. For other credit inquiries not specified below, or questions on home study credit availability, please contact ceinfo@pesi.com or 800-844-8260 before the event.

Materials that are included in this course may include interventions and modalities that are beyond the authorized practice of mental health professionals. As a licensed professional, you are responsible for reviewing the scope of practice, including activities that are defined in law as beyond the boundaries of practice in accordance with and in compliance with your professions standards.

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COUNSELORS: This intermediate activity consists of 12.0 clock hours of continuing education instruction. Credit requirements and approvals vary per state board regulations. Please save the course outline, the certificate of completion you receive from the activity and contact your state board or organization to determine specific filing requirements.

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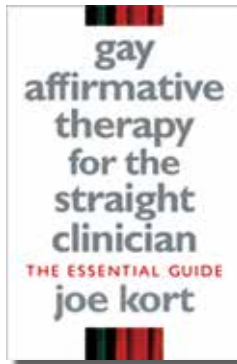
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OTHER PROFESSIONS: This activity qualifies for 760 minutes of instructional content as required by many national, state and local licensing boards and professional organizations. Save your course outline and certificate of completion, and contact your own board or organization for specific requirements.

Save by including these products with seminar registration!



Gay Affirmative Therapy for the Straight Clinician: The Essential Guide

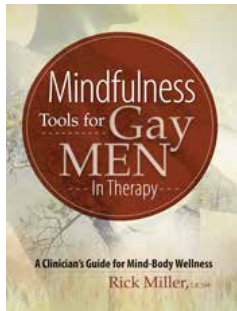
By Joe Kort, Ph.D., LMSW

All the answers straight clinicians need to work effectively with gay and lesbian clients. It has been over three decades since the American Psychiatric Association removed homosexuality as a category of deviant behavior from the DSM. Same-sex marriage is recognized in certain states, gay-straight alliances are springing up in high schools across the country, and major religious denominations are embracing gay clergy. Yet despite the sea change of attitudes toward homosexuality, many well-meaning straight therapists are still at a loss as to how to effectively counsel their gay and lesbian clients. This book will offer straight therapists the tools they need to counsel gay and lesbian clients effectively.

Mindfulness Tools for Gay Men In Therapy: A Clinician's Guide for Mind-Body Wellness

By Rick Miller, LICSW

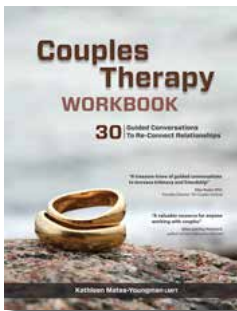
Mindfulness Tools for Gay Men in Therapy is designed to free your clients from shame, find safety, peace, and be truly himself. International trainer, author and gay male psychotherapist, Rick Miller, LICSW, utilizes over 30 years of personal and clinical experience to deliver an interactive book that successfully integrates mindfulness, meditation and self-exploration to accelerate the power of therapy.



Sex Made Simple: Clinical Strategies for Sexual Issues in Therapy

By Barry McCarthy, Ph.D., ABPP

A comprehensive guide to healing sexual issues and dysfunction, with dozens of strategies, techniques and methods to promote healthy sexuality for couples and individuals. Including - tools for couples to maintain strong, resilient sexual desire, strategies to move past affairs, sexual trauma, variant arousal, and psychobiosocial model for assessment, treatment, and relapse prevention.



Couples Therapy Workbook: 30 Guided Conversations to Re-Connect Relationships

By Kathleen Mates-Youngman, LMFT

A series of scripted questions to promote meaningful couple conversations and build ongoing, connect communication. 30 guided conversations of the most critical relationship struggles. For each of the 30 topics, there is an introduction, goal-setting strategies and 10 scripted questions to ask each other - all presented in an easy-to-use mindful style.

Questions?
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Hassle-Free Cancellation Policy: If you contact us before the event date, you can exchange for a DVD or CD/digital manual package on the subject (self-study continuing education credit may be available), a certificate to attend another seminar, or receive a tuition refund less a \$60 cancel fee. Substitutions are permitted at any time.

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2-Day Intensive LGBTQ Workshop

Lesbian, Gay, Bisexual, Transgender and Questioning (LGBTQ) Clients: Clinical Issues and Treatment Strategies

- Avoid the top mistakes therapists make
- Become the go-to LGBTQ therapist
- Be on top of the up-to-date language and terms

“Brilliant presenter, could have kept listening for days!”

Tamara – Counselor

“Joe was an excellent presenter! He knew his subject, used humor well, and was available to answer any questions – thanks!”

Sue – Social Worker

Dedham, MA
Monday & Tuesday
August 7 & 8, 2017

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A Non-Profit Organization Connecting Knowledge with Need Since 1979

Lesbian, Gay, Bisexual, Transgender and Questioning (LGBTQ) Clients:
Clinical Issues and Treatment Strategies

Are you making the biggest mistake treating your LGBTQ clients? Are you pushing them to “come out”? And if you are...you could be traumatizing your clients.

Like you, I made the same mistake early in my career of forcing my clients to name and claim their sexual identity.

Like you, I didn’t know how to ask them about their sexual practices. And when I tried, I offended them.

Immerse yourself for two-days at my workshop and I will equip you with the right tools and up-to-date information you need in this **rapidly changing population** to more effectively counsel your lesbian, gay, bisexual, transgender and questioning clients, and couples.

You will learn transformational strategies to treat the unique challenges your client may be facing such as:

- self-acceptance and internalized homophobia
- non hetero-normative sexual behaviors and practices
- trauma and abuse from growing up LGBTQ
- the difficult process of coming out

Also, let me help you avoid the common mistake of believing, “a couple is a couple” and treating LGBTQ couples the same as their heterosexual counterparts.

Don’t be the straight therapist that is losing LGBTQ clients because of poor intake, assessment and treatment planning. Learn how to offer your clients a safe place for therapy.

I look forward to meeting you at my workshop!

Joe Kort, Ph.D., LMSW

This workshop is crammed with in-depth discussions, group activities, role play with props, case examples, and videos!

Live Workshop (both days)
7:30 Registration/Morning Coffee & Tea
8:00 Program begins
11:50-1:00 Lunch (*on your own*)
4:00 Program ends
For locations and maps, go to www.pesi.com, find your event, and click on the seminar title.

Seminar on CD or DVD Package:

If you cannot attend this seminar, you can purchase a self-study package on the subject. You will receive a set of CDs or DVDs that include a digital copy of the seminar manual and post-test/evaluation. You and your colleagues can receive CE hours for a nominal fee. To determine if homestudy credits are available for your profession go to www.pesi.com or call 800-844-8260. Check with your licensing board to verify acceptance of self-study credits for license renewal. Order today by using the order form on this brochure or by calling 800-844-8260.

Have a seminar idea? A manuscript to publish? The nation’s top speakers and authors contact PESI first. If you are interested in becoming a speaker or have a new topic idea, please contact **Emily Krumenauer** at ekrumenauer@pesi.com or call **715.855.8167**.

★ Satisfaction 100% Guaranteed ★

Outline Day 1

Do No Harm: Make Your LGBTQ Client Feel Safe & Respected in Therapy

Red-flag words: Offensive words you might use (without you knowing!)

Intake session: questions about developing identity

Strategies to establish rapport and comfort

Tips for discussing sex and sexuality

Coming Out

Stigma and its impact on mental health from childhood to adulthood

6 distinct stages with interventions

Navigate the 3 phases of coming out to avoid isolation and alienation

Fear, shame and rejection unique to this population

Relationship concerns: family, friends, school or workplace

Finding a sense of belonging in LGBTQ community

Harmful and dangerous effects of conversion therapy

LGBTQ Adolescence

Coming out issues

It gets better but not before coming out

Bullying and other safety issues contributing to PTSD

Harm reduction adult dating apps such as Grindr, Scruff, etc.

Risk assessment for substance abuse

Assess for suicidality

Finding support

Gay Male

Develop a treatment plan and goals for unique challenges growing up gay male

Accurate assessment of alcohol use with this high risk population

HIV & STI prevention strategies and risk and harm reduction

Generational differences informing different treatment plans

Internalized homophobia

Learn specific sexual terminology to avoid alienating your client

Lesbian

Develop a treatment plan and goals for unique challenges growing up lesbian

Specific terminology that is helpful and damaging in this population

Sex and sexuality: what to know, what to ask

Strategies to manage gender dynamics

Internalized homophobia manifests in development

Bisexuality

Learn strategies to help the anxiety of bisexuals in dating and relationships

Internalized biphobia and bisexual development from childhood into adulthood

Compare and contrast male and female bisexuality

Day 2

Transgender

Overcome the knowledge barrier

Avoid using outdated treatment plans

Learn and differentiate correct terms such as gender queer, gender fluid and cisgender

Strategies to help your client tell their partner, families, friends and employers

Tips to discuss hormone treatments and surgical procedures

Crucial points for transgender teens medically and psychologically and how to create best treatment plan

Talk About Sex!

Don’t miss out on key info by ignoring the sex talk

Top or bottom? And other important questions to ask: flexible, changing sexual preferences and attractions

Varieties of sexuality

Protect the client from your own biases and assumptions

Questioning

Avoid mislabeling a client and leading them down the wrong sexual identity path

Differentiate between sexual fluidity from bisexuality, gay and lesbian identities

Differentiate between sexual identity, sexual behavior and sexual fantasies

Don’t miss this valuable opportunity to learn from a leading expert in the field!

Working with LGB Couples

Dynamics of a same gendered couple including vulnerabilities and strengths

Coming out discrepancy causing turbulence for couples

Recognize and identify how internalized homophobia creates conflicts

Open relationships in gay male couples

Sexual issues and strategies on compatibility, incompatibility, frequency and satisfaction

Working with Mixed Orientation Couples and Relationships

Specific stages of coming out as a mixed orientation couple

Specialized treatment programs for the straight spouses

Helping LGBTQ spouse integrate their identity into their mixed orientation relationships

Learn how to identify which couples will succeed and which won’t

LGBTQ Families

Closeted family—family has own coming out process

Typical negative family reactions

Questions to help clients come out to family

Helping family accept their LGBTQ child

Therapeutic interventions

Objectives

1. Assess psychological trauma of growing up gay, lesbian, bisexual, transgender and questioning.
2. Recognize the specific and most common stages of coming out to accurately assist your client.
3. Differentiate common misdiagnosed mental health disorders and assessments.
4. Use specific interventions and assessment tools for LGBTQ clients and gay affirmative therapy.
5. Distinguish using interventions that work and don’t work for different generations.
6. Discuss contemporary perspectives of Lesbian and Gay couples.
7. Formulate strategies for LGB couples on compatibility, incompatibility, frequency and satisfaction.
8. Specify tips to discuss hormone treatments and surgical procedures.
9. Demonstrate specialized treatment programs for the straight spouses.
10. Develop different ways the LGBTQ spouse can integrate their identity into their mixed orientation relationships.
11. Identify when a client has internalized homophobia and/or gay shame.
12. Recognize developmental insults and wounding from growing up LGBT.

Target Audience: Counselors • Social Workers • Psychologists • Psychotherapists • Case Managers • Marriage & Family Therapists • Nurses • Addiction Counselors • Other Mental Health Professionals

How to Register:

QUESTIONS? Call **800-844-8260** or e-mail us at info@pesi.com.
INTENSIVE 2-DAY WORKSHOP: LESBIAN, GAY, BISEXUAL, TRANSGENDER AND QUESTIONING (LGBTQ) CLIENTS: CLINICAL ISSUES AND TREATMENT STRATEGIES

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August 7 & 8, 2017

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Walk-ins are welcome but admission cannot be guaranteed. Call M-F 7:00-6:00 Central Time for space availability if registering within one week of seminar.
Tuition Options:
\$60 Tuition: If you are interested in being our registration coordinator for both days, go to: www.pesi.com/coord for availability and job description, or call our Customer Service Dept. at 800-844-8260.
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Intensive 2-day Workshop: Lesbian, Gay, Bisexual, Transgender and Questioning (LGBTQ) Clients: Clinical Issues and Treatment Strategies

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___ <i>Gay Affirmative Therapy for the Straight Clinician</i> book* \$32.00 (SAM082160)	
___ <i>Sex Made Simple</i> book* \$19.99 (PUB083835)	
___ <i>Couples Therapy Workbook</i> * \$24.99 (PUB083085)	
___ <i>Mindfulness Tools for Gay Men In Therapy</i> book* \$24.99 (PUB084585)	
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*Shipping is \$6.95 first item + \$2.00 each add'l item. **Residents add applicable state and local taxes except in AK, DE, MT, NH, OR