

MEET YOUR SPEAKER

Terry Real, LICSW, is an Internationally Recognized Family Therapist, Speaker and Author.



Terry founded the Relational Life Institute (RLI), offering workshops for couples, individuals and parents around the country along with a professional training program for clinicians wanting to learn his RLT (Relational Life Therapy) methodology.

A family therapist and teacher for more than 25 years, Terry is the best-selling author of *I Don't Want to Talk About It: Overcoming the Secret Legacy of Male Depression* (Scribner), the straight-talking *How Can I Get Through to You? Reconnecting Men and Women* (Scribner), and most recently *The New Rules of Marriage: What You Need to Make Love Work* (Random House). Terry knows how to lead couples on a step-by-step journey to greater intimacy — and greater personal fulfillment.

A senior faculty member of the Family Institute of Cambridge in Massachusetts and a retired Clinical Fellow of the Meadows Institute in Arizona, Terry has worked with thousands of

individuals, couples, and fellow therapists. Through his books, the Institute, and workshops around the country, Terry helps women and men, parents and non-parents, to help them create the connection they desire in their relationships.

Terry's work, with its rigorous commonsense approach, speaks to both men and women. His ideas on men's issues and on couple's therapy have been celebrated in venues from the "Good Morning America", "The Today Show" and "20/20", to "Oprah" and *The New York Times*.

A proponent of "full-throttle marriage," as described in *The New Rules of Marriage*, Terry has been called "the most innovative voice in thinking about and treating men and their relationships in the world today."

The New York Times Book Review described Terry's work as: "A critical contribution to feminist psychology (that) brings the Men's movement a significant step forward." Robert Bly hailed it as "moving onto new ground in both story and song. Exhilarating in its honesty."

Terry's Relational Life Institute grew out of his extensive and empathic experience. He teaches people how to make their relationships work by providing products and services designed to teach the principles of Relational Life™, so that everyone can enjoy full respect living and craft a healthy life legacy.

Speaker Disclosure:

Financial: Terry Real is in private practice. He receives a speaking honorarium from PESI, Inc.

Non-financial: Terry Real has no relevant non-financial relationship to disclose.

Live Seminar & Webcast Schedule (both days): (Times in Central)

8:30 Registration/Morning Coffee & Tea

9:00 Program begins

Lunch TBD* (on your own)

5:00 Program ends

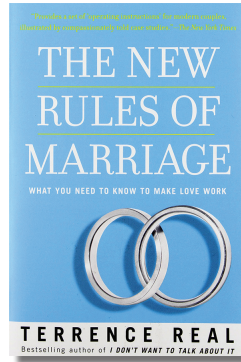
*Due to live couple therapy, lunch will be 1 hour, 10 minutes when appropriate to break

For locations and maps, go to www.pesi.com, find your event, and click on the seminar title.

Seminar on CD or DVD Package:

You can purchase a self-study package on the subject. You will receive a set of CDs or DVDs that include a digital copy of the seminar manual and post-test/evaluation. You and your colleagues can receive CE hours for a nominal fee. To determine if homestudy credits are available for your profession go to www.pesi.com or call 800-844-8260. Check with your licensing board to verify acceptance of self-study credits for license renewal. Order today by using the order form on this brochure or by calling 800-844-8260.

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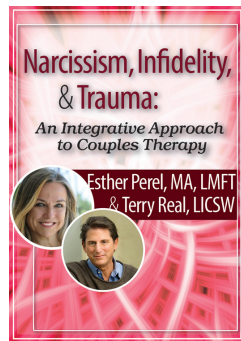
The New Rules of Marriage:

What You Need to Know to Make Love Work

By Terry Real, LICSW

Seminar presenter!

Discover a radically new kind of relationship, one based on the idea that every woman has the power to transform her marriage, while men, given the right support, have it in them to rise to the occasion. We have never wanted so much from our relationships as we do today. More than any other generation, we yearn for our mates to be lifelong friends and lovers. *The New Rules of Marriage* shows us how to fulfill this courageous and uncompromising new vision.



Narcissism, Infidelity, and Trauma:

An Integrative Approach to Couples Therapy

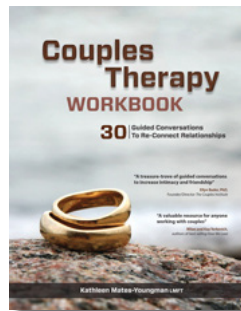
By Esther Perel, MA, LMFT, and Terry Real, LICSW



New DVD & Earn up to 6 CE Hours!

Seminar presenter!

Esther Perel and Terry Real, two of the world's most forward thinkers on sexuality and relationships, join together to offer you an exciting workshop exploring clinical perspectives and interventions for the really tough situations of couples struggling with desire, affairs and even divorce. Narcissism, Cheating and Trauma: a complex triad. Using case examples and hands on intervention we will demonstrate how to integrate couple dynamics with "deep work" on the part of each individual.



Couples Therapy Workbook:

30 Guided Conversations to Re-Connect Relationships

By Kathleen Mates-Youngman, MA, LMFT

A series of scripted questions to promote meaningful couple conversations and build ongoing, connect communication. 30 guided conversations of the most critical relationship struggles. For each of the 30 topics, there is an introduction, goal-setting strategies and 10 scripted questions to ask each other - all presented in an easy-to-use mindful style.



Sex Made Simple:

Clinical Strategies for Sexual Issues in Therapy

By Barry McCarthy, PhD, ABPP

A comprehensive guide to healing sexual issues and dysfunction, with dozens of strategies, techniques and methods to promote healthy sexuality for couples and individuals. Including - tools for couples to maintain strong, resilient sexual desire, strategies to move past affairs, sexual trauma, variant arousal, and psychobiosocial model for assessment, treatment, and relapse prevention.

Questions?

Call customer service at

800-844-8260

More info and resources at
www.pesi.com/bookstore

Hassle-Free Cancellation Policy:

If you contact us before the event date, you can exchange for a DVD or CD/digital manual package on the subject (self-study continuing education credit may be available), a certificate to attend another seminar, or receive a tuition refund less a \$60 cancel fee. Substitutions are permitted at any time.

Don't Miss! LIVE VIDEO WEBCAST



Thursday &
Friday

Sept. 21 & 22
2017 Register
Online

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COUPLES EXPERIENTIAL™

**Live Clinical Demonstrations
with Real Couples**

Bloomington, MN

Thursday & Friday, September 21 & 22, 2017



"Terry Real helps overturn old-fashioned, confining roles and opens up a treasury of hope for lasting and exciting intimacy for couples everywhere."

—Edward Hallowell, M.D., author of *Crazy Busy*

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COUPLES EXPERIENTIAL™

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Live Video Webcast**

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September 21 & 22, 2017



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A Non-Profit Organization Connecting Knowledge with Need Since 1979

Register now! pesi.com/express/55630



with
**International Speaker,
Author & Family Therapist**

Terry Real



World renowned couple’s therapist, Terry Real, will work live and intensively for two days with a group of five couples who are at the brink of giving up. Follow along with Terry as he gets down to their most intimate issues. His work with the couple is deep, highly emotional, incisive and often life changing.

Using techniques drawn from the approach he created, Relational Life Therapy (RLT), each couple is led, with extraordinary quickness and precision, to their ‘next step’ toward unlocking their fullest potential. RLT leverages the concept of “relational living” to help people address relational and psychological health in relationships.

This model has helped thousands of therapists get faster and more effective results for their clients.

It can be quite detrimental to let therapy drag on. RLT allows you to go deep, understand quickly the negative patterns in the relationship, and help clients make quick and substantive changes.

Are you ready to take your couples therapy to an entirely new level?

How it Works

Each couple will introduce themselves, name their issues and identify their goals or wishes for the two-day treatment. Terry will work with each couple, talking through their issues, articulating where the couple is stuck and where this relationship road block comes from.

Watch and learn how Terry performs initial data gathering leading to a rich, precise and relational diagnosis and gains leverage by empowering a disempowered partner. Terry will demonstrate powerful, life-changing, strategies to help the couple move forward, delve into deep trauma work, and actively teach new relational skills.

Toward the end of each day, the couples are excused and you will be able to debrief in depth with Terry from what you just witnessed, ask questions, and add your own observations and feelings.

See first-hand break throughs with each couple!

Age	Control	Infidelity
Distance	Lost Passion	Trauma
Addiction	High Ambivalence	

Live Webcast Details

Join us on September 21 & 22, 2017, for this live, interactive webcast!

Invite your entire office and, like a live seminar, “attend” the webcast at its scheduled time. It’s easy and convenient! Webcasts provide everything you need for a premier educational experience including real-time video and audio of the speaker. See and hear the speaker and watch the slides all on your computer screen. Seminar materials are available for download. One CE Certificate is included. Only \$29.99 per CE Certificate for each additional participant.

OUTLINE

Assess the Relationship

Strategies for data gathering
Diagnose the presenting problem
Each partner’s reality

Use Leverage in Therapy

Strategies to gain leverage
Strategies to use leverage
Motivate each partner to go beyond comfort zone

Power and Control within the Couple

Assess for power differential
Empower the enabling partner
Gender issues and their impact

Strategies to Assess and Treat Obstacles

Preconditions for change
Addiction
Untreated psychiatric disorders
Anger
Violence / sexual abuse

Infidelity, Secrets & Lost Passion

Strategies for each person to move on from infidelity
Go beyond the perpetrator/victim model
Skills to deal with secrets in the relationship
Reinvigorate passion into the relationship

Extensive work with real couples followed by discussion with you

Strategies to Move Couples Forward

Make their realities collide
Stance / stance / dance
Use the relational grid
Empower the latent
Reconnect the blatant
Minimize rage
Gain leverage
Join through the truth
Effective treatment through play and imagination

Deep Trauma Work and Healing in Couples

Family of origin resonance & multigenerational legacies
Heal inner child parts
Tri-part system of the psych: functional adult, wounded child, and adaptive child
Empower functional adult to re-parent the wounded and adapted child parts

Teach Relational Skills

Empathy
Vulnerability
Accountability

Here’s what your peers have said about this workshop:

<i>“Excellent, illuminating, imminently practical and courageous presentation format”</i>	<i>“Loved the live therapy process”</i>
Mark, Psychologist	Peg, LMFT
<i>“Experiential=incredible. Wow, amazing skill!”</i>	<i>“This was the best seminar/training I have been to in years!”</i>
Libby, Therapist	Marsha, LISCW

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Have a seminar idea? A manuscript to publish? The nation’s top speakers and authors contact PESI first. If you are interested in becoming a speaker or have a new topic idea, please contact **Emily Krumenauer** at ekrumenauer@pesi.com or call **715.855.8167**.

OBJECTIVES

1. Articulate how to move past “he said / she said” to a nuanced and comprehensive relational diagnosis.
2. Construct how to empower the enabling partner in couples where there’s a power differential.
3. Detect how gender issues impact the couple.
4. Develop strategies to gain and use leverage, motivating each partner to move beyond his or her comfort zone.
5. Assess and deal with “preconditions for change,” such as addiction, untreated psychiatric disorders, and violent or sexual acting out.
6. Devise how to help both partners deal with infidelity, moving beyond the conventional victim/perpetrator model.
7. Plan how to handle the issue of secrets in couples therapy.
8. Develop anger management strategies for minimizing rage within couples therapy.
9. Collaborate how to join the couple through the truth, forming an alliance with difficult clients using the art empathic confrontation.
10. Use techniques to move from the present difficulty to early childhood experience.
11. Take part of how to introduce and perform deep trauma work in the couple’s context.
12. Communicate how to introduce and teach new relational skills to couples like empathy, vulnerability, and accountability.

Target Audience

Marriage & Family Therapists • Psychologists • Counselors • Social Workers • Case Managers
Addiction Counselors • Nurses • Other Mental Health Professionals

Live Seminar & Webcast Continuing Education Information

Credits listed below are for full attendance at the live event only. Certificates of CCredits listed below are for full attendance at the live event only. Certificates of Completion are distributed at the conclusion of the live seminar for those who register prior to the event date and attend the full day. A letter of attendance will be issued to participants who register at the event, arrive late, or leave early. For those who registered day of (walk-ins), and are in full attendance, a certificate of completion for full CE credit will be sent within 30 days following the event. For those in partial attendance (arrived late or left early), an adjusted certificate of completion reflecting partial credit will be issued within 30 days (if your board allows). Please see “live seminar schedule” for full attendance start and end times. NOTE: Boards do not allow credit for breaks or lunch. If your profession is not listed, please contact your licensing board to determine your continuing education requirements and check for reciprocity approval. For other credit inquiries not specified below, or questions on home study credit availability, please contact cepesi@pesi.com or 800-844-8260 before the event.

MARRIAGE & FAMILY THERAPISTS: This activity consists of 760 minutes of continuing education instruction. Credit requirements and approvals vary per state board regulations. You should save this course outline, the certificate of completion you receive from the activity and contact your state board or organization to determine specific filing requirements.

MINNESOTA MARRIAGE & FAMILY THERAPISTS: An application has been submitted to the Minnesota Board of Marriage & Family Therapists. Credit is pending.

NORTH DAKOTA MARRIAGE AND FAMILY THERAPISTS: PESI, Inc. is an approved provider with the North Dakota Marriage and Family Therapy Licensure Board, provider #2017-003-21-CE. This course has been approved for 12.5 hours of credit.

WISCONSIN MARRIAGE & FAMILY THERAPISTS: This course has been submitted to the Wisconsin Association for Marriage and Family Therapy for review. Credit is pending.

NURSE/NURSE PRACTITIONERS/CLINICAL NURSE SPECIALISTS: This activity meets the criteria for a American Nurses Credentialing Center (ANCC) Activity PESI, Inc. is an approved provider by the American Psychological Association, which is recognized by the ANCC for behavioral health related activities. This activity qualifies for 12.5 contact hours.

IOWA NURSES: PESI, Inc. is an approved provider by the Iowa Board of Nursing. Provider #: 346. Full attendance at this activity qualifies for 15.2 contact hours. Full attendance in the activity is required; no partial contact hours will be issued for partial attendance. These contact hours are used for your license renewal.

PSYCHOLOGISTS: PESI, Inc. is approved by the American Psychological Association to sponsor continuing education for psychologists. PESI maintains responsibility for this program and its content. PESI is offering this activity for 12.5 hours of continuing education credit. Full attendance is required; no partial credits will be offered for partial attendance.

SOCIAL WORKERS: PESI, Inc. Provider #:1062, is approved as a provider for social work continuing education by the Association of Social Work Boards (ASWB), www.aswb.org through the Approved Continuing Education (ACE) Program. PESI, Inc. maintains responsibility for the program. ASWB Approval Period: January 27, 2017 - January 27, 2020. Social workers should contact their regulatory board to determine course approval for continuing education credits. Social workers participating in this course will receive 12.5 (Clinical) continuing education clock hours for this intermediate course. A certificate of attendance will be awarded at the end of the program to social workers who complete the program evaluation.

MINNESOTA SOCIAL WORKERS: PESI, Inc. is an approved provider with the State of Minnesota, Board of Social Work. Provider #: CEP-140. This course has been approved for 12.5 continuing education hours.

OTHER PROFESSIONS: This activity qualifies for 760 minutes of instructional content as required by many national, state and local licensing boards and professional organizations. Save your course outline and certificate of completion, and contact your own board or organization for specific requirements.

How to Register:

QUESTIONS? Call **800-844-8260** or e-mail us at info@pesi.com.
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2 Check seminar(s): (make copy for your records)

BLOOMINGTON, MN
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2-Day: Couples Experiential Intensive workshop with Terry Real
<input type="checkbox"/> September 21 & 22, 2017 <input type="text" value="55630BLO"/>

LIVE VIDEO WEBCAST

Broadcast LIVE to your computer!
2-Day: Couples Experiential Intensive workshop with Terry Real
<input type="checkbox"/> September 21 & 22, 2017 <input type="text" value="PLW55630"/>

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ADA needs:
We would be happy to accommodate your ADA needs; please call at least two weeks prior to the seminar date.

Walk-ins are welcome but admission cannot be guaranteed. Call M-F 7:00-6:00 Central Time for space availability if registering within one week of seminar.

Tuition Options:
\$60 Tuition: If you are interested in being our registration coordinator for both days, go to: www.pesi.com/coord for availability and job description, or call our Customer Service Dept. at 800-844-8260. Groups of 5 or more: Call 800-844-8260 for discounts.

Discounted Military Rate: PESI Inc. is proud to offer a \$20 tuition discount on live seminar tuition for veterans and active duty military personnel. **Advance registration by phone required.**
Discounted Student Rate: As part of its mission to serve educational needs, PESI, Inc. offers a reduced rate of 50% off standard tuition for students. Enclose a current student schedule with registration form. Go to www.pesi.com/students or call 800-844-8260 for details.
Advance registration required.
Cannot be combined with other discounts.

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3 Check Tuition:

ON-SITE TUITION WITH SEMINAR MANUAL
<input type="checkbox"/> Early Bird Tuition \$399.99 per person (postmarked 3 weeks prior to event) -or- for two or more people registering together.
<input type="checkbox"/> Standard Tuition \$449.99 per person
ADD-ON PRODUCTS
Distributed at seminar—FREE SHIPPING!
<input type="checkbox"/> \$16.00* The New Rules of Marriage book
<input type="checkbox"/> \$199.99* Narcissism, Infidelity, and Trauma DVD
<input type="checkbox"/> \$24.99* Couples Therapy Workbook
<input type="checkbox"/> \$19.99* Sex Made Simple book

*Attendees add applicable state and local taxes except in AK, DE, MT, NH, OR

WEBCAST WITH DOWNLOADABLE SEMINAR MANUAL

<input type="checkbox"/> \$399.99 registration for both days (+ tax in MN, WI & PA)
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4 Indicate method of payment:

ALL REGISTRATIONS MUST BE PREPAID. Purchase orders welcome (attach copy).
<input type="checkbox"/> Check enclosed payable to PESI, Inc.
<input type="checkbox"/> MC 16 digits <input type="checkbox"/> VISA 13-16 digits <input type="checkbox"/> AE 15 digits <input type="checkbox"/> Discover Novus 16 digits
Card # _____
Card Exp. _____ V-Code #*: _____
Signature _____
(*MC/VISA/Discover: last 3-digit # on signature panel on back of card) (*American Express: 4-digit # above account # on face of card.)

CAN'T ATTEND THE SEMINAR? See below for individual product orders

2-Day: Couples Experiential™: Live Clinical Demonstrations with Real Couples
— Seminar on DVD* (video) \$299.99 (RINV048722)
— Seminar on CD* (audio) \$269.99 (RINA048722)
— The New Rules of Marriage book* \$16.00 (SAM083960)
— Narcissism, Infidelity, and Trauma DVD* \$199.99 (RINV048415)
— Couples Therapy Workbook* \$24.99 (PUB083085)
— Sex Made Simple book* \$19.99 (PUB083835)

*Shipping is \$6.95 first item + \$2.00 each add'l item.	Product total \$ _____
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