

This special one-day seminar represents current research findings about how people's brains, minds and bodies are affected by traumatic experiences and illustrate the principles of post-traumatic therapy. Join Dr. van der Kolk, the world's leading expert in the field of traumatic stress, to explore specific techniques that address:

- Affect regulation
- The integration of dissociated aspects of experience
- Overcoming helplessness
- The re-integration of human connections
- Memory processing
- Disturbances in sensorimotor integration
- Complex trauma
- Developmental Trauma Disorder

The world's leading expert in the field of traumatic stress, Bessel van der Kolk, M.D. is a clinical psychiatrist who has studied the impact and resolution of trauma on human beings for over 30 years. His research has ranged from developmental impact of trauma to neuroimaging and from memory processes to the use of EMDR and theater groups in PTSD. He is professor of psychiatry at Boston University School of Medicine and medical director of the Trauma Center in Boston where he also serves as director of the National Center for Child Traumatic Stress Complex Trauma Network. He is past president of the International Society for Traumatic Stress Studies. Dr. van der Kolk has taught at universities and hospitals throughout the world. He is author of over a hundred scientific articles, the book *Psychological Trauma*, and co-editor of *Traumatic Stress*.

Effective treatment of post-traumatic problems needs to include addressing the imprint of trauma on the physical experience of the self as being helpless and in danger. Recovery needs to incorporate dealing with defensive efforts that helped ensure survival, incorporate physical experiences that contradict feelings and sensations associated with helplessness and disconnection.

**Seminar on CD or DVD Package:** If you cannot attend this seminar, you can purchase a self-study package on the subject. You will receive a set of CDs or DVDs that include a digital copy of the seminar manual and post-test/evaluation. You and your colleagues can receive CE hours for a nominal fee. To determine if homestudy credits are available for your profession go to [www.pesi.com](http://www.pesi.com) or call 800-844-8260. Check with your licensing board to verify acceptance of self-study credits for license renewal. Order today by using the order form on this brochure or by calling 800-844-8260.

# TRAUMA, ATTACHMENT & NEUROSCIENCE

with Bessel van der Kolk, M.D.

BRAIN, MIND & BODY IN THE HEALING OF TRAUMA

"Bessel van der Kolk is unequalled in his ability to synthesize the stunning developments in the field of psychological trauma over the past few decades."

—Onno van der Hart, PhD,  
Utrecht University, The Netherlands

**Bessel van der Kolk, M.D.,** is a clinical psychiatrist who has studied the impact and resolution of trauma on human beings for over 30 years. His research has ranged from developmental impact of trauma to neuroimaging and from memory processes to the use of EMDR and theater groups in PTSD. He is professor of psychiatry at Boston University School of Medicine and medical director of the Trauma Center in Boston, where he also serves as director of the National Center for Child Traumatic Stress Complex Trauma Network. He is past president of the International Society for Traumatic Stress Studies. He has taught at universities and hospitals throughout the world. He is author of *The New York Times* bestseller *The Body Keeps the Score*, over a hundred scientific articles, *Psychological Trauma*, and co-editor of the book, *Traumatic Stress*.

**Speaker Disclosures:**  
Financial: Bessel van der Kolk is a professor of psychiatry at the Boston University School of Medicine. He is the medical director of the Trauma Center in Boston. He receives a speaking honorarium from PESI, Inc.  
Non-Financial: Bessel van der Kolk has no relevant non-financial relationship to disclose.



The World's Leading Expert in the Field of Traumatic Stress and author of *The New York Times* bestseller *The Body Keeps the Score*

## Outline

### Neuroscience & Brain Development

Neuroscience research and the course of brain development

How children learn to regulate their arousal systems

Fundamental capacity of the brain to self-regulate

Trauma, abuse and neglect: The derailment of developmental processes & brain development

### Traumatic Imprints

Storing of traumatic imprints in the sub-cortical brain areas

Somatic re-experiencing of trauma-related sensations and affects

Understand why and how trauma symptoms make sense (adaptations, memory equivalents etc.)

Understand why and how traumatic imprints perpetuate maladaptive coping behaviors

### Trauma-specific Treatment Interventions

Neurologically-based, body-oriented therapies to resolve traumatic material

EMDR

Movement Therapies: Yoga/ Qi Gong  
Neurofeedback

Integrating various approaches during different stages of treatment

Communal rhythms and theater

The DSM-5® diagnoses and need to incorporate data from DESNOS/Complex PTSD and Developmental Trauma Disorder field trials

Behavioral and neurobiological implications of developmental trauma (child abuse/neglect)

Behavioral and neurobiological implications of complex trauma

Recognize and address the myriad of co-morbidities in the traumatized client



Questions? Call customer service at 800-844-8260



Applications of the Adult Attachment Interview

**DR. DAN SIEGEL**

1.5 CE HOUR

**HURRY** OFFER EXPIRES

September 15, 2017

[www.pesi.com/siegel-free](http://www.pesi.com/siegel-free)



Earn CE where you work! Bring this training & many others to your facility!  
[www.pesi.com/inhouse](http://www.pesi.com/inhouse)

**PESI®**

P.O. Box 1000  
Eau Claire, WI 54702  
A Division of PESI, Inc.

NON-PROFIT ORG  
US POSTAGE PAID  
EAU CLAIRE WI  
PERMIT NO 32729

54946

Live Workshop with Bessel van der Kolk, M.D.

# TRAUMA, ATTACHMENT & NEUROSCIENCE

BRAIN, MIND & BODY IN THE HEALING OF TRAUMA

**Bessel van der Kolk, M.D.**

The World's Leading Expert in the Field of Traumatic Stress and author of *The New York Times* bestseller *The Body Keeps the Score*



**Houston, TX**  
October 30, 2017

**Live Video Webcast**  
October 30, 2017

REGISTER NOW:  
[pesi.com/express/54946](http://pesi.com/express/54946)

presented by



[www.pesi.com](http://www.pesi.com)

Live Workshop with Bessel van der Kolk, M.D.

# TRAUMA, ATTACHMENT & NEUROSCIENCE

BRAIN, MIND & BODY IN THE HEALING OF TRAUMA

**Bessel van der Kolk, M.D.**

The World's Leading Expert in the Field of Traumatic Stress and author of *The New York Times* bestseller *The Body Keeps the Score*



**Houston, TX**  
Monday, October 30, 2017

**Live Video Webcast**  
Monday, October 30, 2017

REGISTER NOW:  
[pesi.com/express/54946](http://pesi.com/express/54946)

presented by



[www.pesi.com](http://www.pesi.com)



1. Communicate recent developments in neuroscience as they relate to the treatment of PTSD.
2. Appraise techniques of physical mastery, affect regulation, attention and memory processing in trauma.
3. Critique the results of Developmental Trauma Disorder field trials.
4. Evaluate what actions people can take to regulate their own physiological functioning.
5. Investigate the domains in which traumatic experiences are stored in the memory and the ways in which those memories are retrieved into consciousness.
6. Reason how traumatized people process information.
7. Determine how to integrate various treatment approaches in your practice.

## Live Video Webcast Details

### Join us on October 30, 2017, for this live, interactive webcast!

Invite your entire office and, like a live seminar, “attend” the webcast at its scheduled time. It’s easy and convenient!

Webcasts provide everything you need for a premier educational experience including real-time video and audio of the speaker. See and hear the speaker and watch the slides all on your computer screen. Seminar materials are available for download.

One CE Certificate is included. Only \$19.99 per CE Certificate for each additional participant.

### It’s easy and convenient!

Sit at your own computer or gather your coworkers and watch and participate in the live video webcast as a group!

#### TARGET AUDIENCE

Counselors • Social Workers • Psychologists • Psychotherapists • Therapists • Marriage and Family Therapists  
Psychiatrists • Addiction Counselors • Occupational Therapists • Case Managers • Nurses  
Other Helping Professionals



#### Hassle-Free Cancellation Policy:

If you contact us before the event date, you can exchange for a DVD or CD/digital manual package on the subject (self-study continuing education credit may be available), a certificate to attend another seminar, or receive a tuition refund less a \$30 cancel fee. Substitutions are permitted at any time.

## What others are saying about the work of Dr. van der Kolk

“On Dr. van der Kolk’s trauma work... Bessel van der Kolk leads the way in his comprehensive knowledge, clinical courage, and creative strategies to help us heal.”

—Daniel J. Siegel, MD, UCLA School of Medicine

“...deeply empathic, insightful, and compassionate perspective promises to further humanize the treatment of trauma victims, dramatically expand their repertoire of self-regulatory healing practices and therapeutic options...”

— Jon Kabat-Zinn, PhD

“...unites the evolving neuroscience of trauma research with an emergent wave of body-oriented therapies and traditional mind/body practices that go beyond symptom relief.”

— Peter A. Levine, PhD

“...combines the boundless curiosity of the scientist, the erudition of the scholar, and the passion of the truth teller.”

— Judith Herman, MD

“A fascinating exploration of a wide range of therapeutic treatments ...”

— Francine Shapiro, PhD

#### LIVE SEMINAR & WEBCAST SCHEDULE

Webcast to be aired: 8:30 a.m. Central

**8:00 am** Check-in/Morning Coffee & Tea  
**8:30 am** Program begins  
**11:50-1:00** Lunch (*on your own*)  
**4:30 pm** Program ends

For locations and maps, go to [www.pesi.com](http://www.pesi.com), find your event, and click on the seminar title.

## Live Seminar & Webcast Continuing Education Credit Information

**Credits listed below are for full attendance at the live event only.** Certificates of Completion are distributed at the conclusion of the live seminar for those who register prior to the event date and attend the full day. A letter of attendance will be issued to participants who register at the event, arrive late, or leave early. For those who registered day of (walk-ins), and are in full attendance, a certificate of completion for full CE credit will be sent within 30 days following the event. For those in partial attendance (arrived late or left early), an adjusted certificate of completion reflecting partial credit will be issued within 30 days (if your board allows). Please see “live seminar schedule” for full attendance start and end times. NOTE: Boards do not allow credit for breaks or lunch.

If your profession is not listed, please contact your licensing board to determine your continuing education requirements and check for reciprocal approval. For other credit inquiries not specified below, or questions on home study credit availability, please contact [cepesi@pesi.com](mailto:cepesi@pesi.com) or 800-844-8260 before the event.

Materials that are included in this course may include interventions and modalities that are beyond the authorized practice of mental health professionals. As a licensed professional, you are responsible for reviewing the scope of practice, including activities that are defined in law as beyond the boundaries of practice in accordance with and in compliance with your professions standards.

PESI, Inc. offers continuing education programs and products under the brand names PESI, PESI Healthcare, PESI Rehab and Psychotherapy Networker.

**ADDICTION COUNSELORS:** This course has been approved by PESI, Inc., as a NAADAC Approved Education Provider, for 6.0 CE in the Counseling Services skill group. NAADAC Provider #77553. PESI, Inc. is responsible for all aspects of their programming. Full attendance is required; no partial credit will be awarded for partial attendance.

**COUNSELORS:** This intermediate activity consists of 6.25 clock hours of continuing education instruction. Credit requirements and approvals vary per state board regulations. Please save the course outline, the certificate of completion you receive from the activity and contact your state board or organization to determine specific filing requirements.

**TEXAS COUNSELORS:** PESI, Inc. has been approved as a continuing education sponsor through the Texas State Board of Examiners of Professional Counselors. Provider #: 2477. This course qualifies for 6.0 continuing education credits.

**MARRIAGE & FAMILY THERAPISTS:** This activity consists of 380 minutes of continuing education instruction. Credit requirements and approvals vary per state board regulations. You should save this course outline, the certificate of completion you receive from the activity and contact your state board or organization to determine specific filing requirements.

**TEXAS MARRIAGE & FAMILY THERAPISTS:** PESI, Inc. has been approved as a continuing education sponsor through the Texas State Board of Examiners of Marriage and Family Therapists. Provider #: 503. This course qualifies for 6.0 continuing education credits.

**NURSE/NURSE PRACTITIONERS/CLINICAL NURSE SPECIALISTS:** This activity meets the criteria for a American Nurses Credentialing Center (ANCC) Activity PESI, Inc. is an approved provider by the American Psychological Association, which is recognized by the ANCC for behavioral health related activities.

This activity qualifies for 6.25 contact hours.

**OCCUPATIONAL THERAPISTS & OCCUPATIONAL THERAPY ASSISTANTS:** PESI, Inc. is an AOTA Approved Provider of continuing education.

Provider #: 3322. Full attendance at this course qualifies for 6.0 contact hours or .6 CEUs in the Category of Domain of OT and Occupational Therapy Process. Partial credit will be issued for partial attendance. The assignment of AOTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by AOTA. Course Level: Intermediate.

**PHYSICIANS:** PESI, Inc. is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

PESI, Inc. designates this live activity for a maximum of 6.0 AMA PRA Category 1 Credit(s)™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

**PSYCHOLOGISTS:** PESI, Inc. is approved by the American Psychological Association to sponsor continuing education for psychologists. PESI maintains responsibility for this program and its content. PESI is offering this activity for 6.25 hours of continuing education credit. Full attendance is required; no partial credits will be offered for partial attendance.

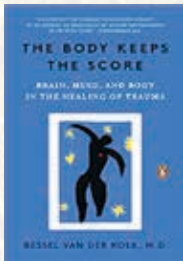
**SOCIAL WORKERS:** PESI, Inc. Provider #:1062, is approved as a provider for social work continuing education by the Association of Social Work Boards (ASWB), [www.aswb.org](http://www.aswb.org) through the Approved Continuing Education (ACE) Program. PESI, Inc. maintains responsibility for the program. ASWB Approval Period: January 27, 2017 - January 27, 2020. Social workers should contact their regulatory board to determine course approval for continuing education credits. Social workers participating in this course will receive 6.25 (Clinical) continuing education clock hours for this intermediate course. A certificate of attendance will be awarded at the end of the program to social workers who complete the program evaluation.

**OTHER PROFESSIONS:** This activity qualifies for 380 minutes of instructional content as required by many national, state and local licensing boards and professional organizations. Save your course outline and certificate of completion, and contact your own board or organization for specific requirements.

### Have a seminar idea? A manuscript to publish?

The nation’s top speakers and authors contact PESI first. If you are interested in becoming a speaker or have a new topic idea, please contact Claire Zelasko at [czelasko@pesi.com](mailto:czelasko@pesi.com) or call 715-855-8194.

## SAVE BY INCLUDING THESE PRODUCTS WITH REGISTRATION!



### The Body Keeps the Score

Bessel van der Kolk, MD

A pioneering researcher and one of the world’s foremost experts on traumatic stress offers a bold new paradigm for healing. renowned trauma expert Bessel van der Kolk has spent over three decades working with survivors. In *The Body Keeps the Score*, he transforms our understanding of traumatic stress, revealing how it literally rearranges the brain’s wiring—specifically areas dedicated to pleasure, engagement, control, and trust. He shows how these areas can be reactivated through innovative treatments including neurofeedback, mindfulness techniques, play, yoga, and other therapies. Based on Dr. van der Kolk’s own research and that of other leading specialists, *The Body Keeps the Score* offers proven alternatives to drugs and talk therapy—and a way to reclaim lives.



### Trauma and Attachment DVD

Bessel van der Kolk, MD

Join the world’s leading expert on trauma Bessel A. van der Kolk, M.D. and understand the latest on how our brains, minds and bodies respond to traumatic experiences. Dr. van der Kolk will explain how affect modulation techniques, EMDR, yoga and neurofeedback are used in overcoming the destabilization and disintegration caused by trauma. Come away with an understanding of how these experiences are processed by unconscious interpretations (subcortical) that take place outside of awareness. Learn why therapeutic methods that do not depend exclusively on understanding and cognition are needed to move the client beyond the “replay of the past” in their current experiences.

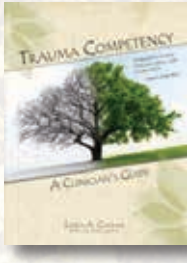


### 101 Trauma-Informed Interventions:

Activities, Exercises and Assignments to Move the Client and Therapy Forward

By Linda Curran, BCPC, LPC, CAC-D, CDDP

Over 100 approaches to effectively deal with trauma, this workbook pulls tools and techniques drawn from the most effective trauma modalities -- all into one concise resource. CBT, DBT, EFT, EMDR, energy psychology, guided imagery, mindfulness, psychodrama, art therapy, movement therapies and more. Equally useful in both group and individual settings.



### Trauma Competency:

A Clinician’s Guide

By Linda Curran, BCPC, LPC, CACD, CDDP

Unique in its approach, each chapter guides clinicians further into trauma’s theory and practice; from assessment through stabilization, step-by-step demonstrations prove its in-session clinical utility and applicability. *Trauma Competency* is a clear and concise, reader-friendly illumination of the HOW and the WHY of trauma treatment.

QUESTIONS? Call 800-844-8260 or e-mail us at [info@pesi.com](mailto:info@pesi.com).

## How to Register:

TRAUMA, ATTACHMENT & NEUROSCIENCE:  
BRAIN, MIND & BODY IN THE HEALING OF TRAUMA

#### ONLINE

[pesi.com/express/54946](http://pesi.com/express/54946)

#### PHONE

800-844-8260

Please have credit card available

#### FAX

800-554-9775

#### MAIL

PESI  
PO BOX 1000  
Eau Claire, WI  
54702-1000

- 1 Please complete entire form (to notify you of seminar changes):  
please print; staple duplicate forms.

#### Mail Code:

See mail code box on address panel on reverse side

Name \_\_\_\_\_ Profession \_\_\_\_\_

Employer Name \_\_\_\_\_

Employer Address \_\_\_\_\_

Dept/Floor/Suite \_\_\_\_\_

City \_\_\_\_\_ County \_\_\_\_\_

State \_\_\_\_\_ Zip \_\_\_\_\_

Home/Cell Ph ( ) \_\_\_\_\_

Dept. Ph ( ) \_\_\_\_\_

E-mail address \_\_\_\_\_

For your convenience, confirmations are sent via email.

- 2 Check location: (make copy of locations)

#### ☐ HOUSTON, TX

October 30, 2017   
Westin Oaks Houston at the Galleria  
5011 Westheimer at Post Oak • 77056  
(713) 960-8100

#### ☐ LIVE VIDEO WEBCAST

October 30, 2017   
Broadcast LIVE to your computer!

- 3 Check tuition:

ON-SITE TUITION with seminar manual

**\$199.99** – choose one of the options below:

- ☐ per person for 2 or more preregistering together —OR—
- ☐ single registration postmarked 3 weeks prior to seminar date

☐ **\$219.99** standard

#### ADD-ON PRODUCTS

- ☐ **\$18.00\*** *The Body Keeps Score* book\*
- ☐ **\$29.99\*** *101 Trauma-Informed Interventions* book\*
- ☐ **\$59.99\*** *Trauma and Attachment* DVD
- ☐ **\$24.99\*** *Trauma Competency* book

\*Attendees add applicable state and local taxes except in AK, DE, MT, NH, OR

#### WEBCAST with downloadable seminar manual

☐ **\$179.99** registration (+ tax in MN, PA, WI)

#### REGISTER NOW:

[pesi.com/express/54946](http://pesi.com/express/54946)

#### ADA needs:

We would be happy to accommodate your ADA needs; please call at least two weeks prior to the seminar date.

Walk-ins are welcome but admission cannot be guaranteed. Call M-F 7:00-6:00 Central Time for space availability if registering within one week of seminar.

#### Tuition Options:

\$30 Tuition: If you are interested in being our registration coordinator for the day, go to: [www.pesi.com/coord](http://www.pesi.com/coord) for availability and job description, or call our Customer Service Dept. at 800-844-8260.

Groups of 5 or more: Call 800-844-8260 for discounts.

Discounted Military Rate: PESI Inc. is proud to offer a \$20 tuition discount on live seminar tuition for veterans and active duty military personnel. *Advance registration by phone required.*

Discounted Student Rate: As part of its mission to serve educational needs, PESI, Inc. offers a reduced rate of 50% off standard tuition for students. Enclose a current student schedule with registration form. Go to [www.pesi.com/students](http://www.pesi.com/students) or call 800-844-8260 for details.

*Advance registration required.*

FOR OFFICE USE ONLY  
Fed ID # 26-3896894  
© 2017 PESI, Inc.

CZ

#### CAN'T ATTEND THE SEMINAR?

See below for individual product orders

#### Trauma, Attachment & Neuroscience:

*Brain, Mind & Body in the Healing of Trauma*

\_\_\_ Seminar on DVD\* (video) \$199.99 (RNV043550)

\_\_\_ Seminar on CD\* (audio) \$169.99 (RNA043550)

\_\_\_ *The Body Keeps Score* book\* \$18.00 (SAM84085)

\_\_\_ *101 Trauma-Informed Interventions* book\* \$29.99 (PUB045620)

\_\_\_ *Trauma and Attachment* DVD\* \$9.99 (RNV041555)

\_\_\_ *Trauma Competency* book\* \$24.99 (PUB041325)

\*Shipping is \$6.95 first item + \$2.00 each add'l item.

Product total \$ \_\_\_\_\_

\*Shipping \_\_\_\_\_

\*\*Residents add applicable state and local taxes except in AK, DE, MT, NH, OR

\*\*Shipping \_\_\_\_\_

\*\*Tax \_\_\_\_\_

**TOTAL** \_\_\_\_\_